



Spectator Guidance for LASA Age Groups and Championships 2026

Braunstone Leisure Centre

- Please note car parking at Braunstone LC is free, **please check**.
- **Braunstone** - has a limited number of places for spectators. You can pay by cash or card and be given a wristband and we request that you wear it where it is clearly visible to the people on the door.
- **Only those with the correct colour wristband can occupy the balcony area** and we do not want to have to annoy you by keep checking. The reason for this is a) It is a session ticket only and colours will change each session but **due to H & S requirements, we have numbers to stick to and we will clear the balcony between sessions**. You must take all belongings with you when leaving. Help us to clear by departing a finishing session by or before 10mins after last race of that session.
- As it is a Session ticket you will need to queue up again for the new wristband. That will only start when entrance door staff are ready to go. Once our numbers for balcony are met we cannot permit anymore. Ensure YOU DO NOT abuse door staff as it is not their fault there is a limit on seats. Plus all are giving up their time Free of Charge to make this event happen. Your cooperation is sought and expected.
- **We will allow you to pass wristbands to others but only the complete one, not just a part of it, will be accepted for the next person to use. Scissors will be available at the desk**
- The people monitoring wristbands/numbers on balcony are **all volunteers** and we ask that you respect their requests and checks. Abuse is not allowed.

Spectator Area access for this weekend

Braunstone LC As you enter the building, through turn styles area, and continue along foyer to the Spectators desk.

- If you need to collect pre ordered LASA Hoodies or merchandise than the collection point will be in the street (foyer).
- All4Swim will have a full shop on Saturday 7th and Sunday 8th February 2026
- **Spectators for viewing balcony**, once you have the wristband go up the ramp and although it is an automatic door it might need help. If seats are marked as reserved ensure you do not use them. We also have a gangway to our AOE staff (where announcer is positioned and they must be left clear).
- **All meetings with your swimmer are to be in street(foyer) area not in spectator area**



LEICESTERSHIRE & RUTLAND Amateur Swimming Association



- Please note the number of lockers available should your swimmer need it is a 10p coin refundable. Big bags in Lockers please.
- Fire Exits from balcony are at both ends of it. The Fire Exit furthest from where you came in leads out too, but you would be joined by others departing the poolside deck. The other exit is the way you came in. Should the Fire alarm go and this is represented by a full red circle on the light please ready yourselves and await Leisure Centre staff to instruct an exit. If the light is red with a white circle that is the drowning alarm. Should we need to vacate, the Assembly point is the coach parking site furthest point from where you entered the car park.
- Please be aware it can get warm on balcony. However the Leisure Centre does have a café with a good range of food and liquids.

Thanking you for your cooperation and please enjoy the swimming

For Session 5(31st January 2026) and Session 7(1st February 2026) we have hired a part of the Sports Hall to alleviate congestion around the entrance /exit points of the building.

Please queue orderly when here and preferably in order of arrival so you will be first back to the spectator desk and any in the foyer will join the queue once the early arrivals have been sorted.

Again we ask all to work together so wristbands can be swapped between you and you work in partnership with club members so you get a chance to see your swimmers swim. No abuse of our unpaid volunteers nor Leisure Centre staff will be tolerated

Please ensure your swimmers are aware that there is no mobile phone use permitted ANYWHERE in the changing village and to ensure ALL swimmers added protection nor are parents unless accredited to be poolside