



LEICESTERSHIRE & RUTLAND AMATEUR SWIMMING ASSOCIATION

Minutes of Meeting held on Tuesday 10th June 2025

Present: Ursula Beck, Alan King, Angela Lake, David Lander, Geoff Robillard, Judy Leader, Helen Bickerstaff, Paul Sippitt, Sue Wainscot, Trevor Hicks, Stacey Currie, Sam Winter, and Val Dutton.

50/25: Apologies: Lee Smith, Ron Brewin, Zoe Lee. Matt Graham Brown.
Jenny Beech, Tom Whitmore, Chris Perkins, and Jill Stidever were also absent from the meeting.

51/25: Confirmation of the Minutes of the meeting held on Tuesday 13th May 2025:

It was agreed that the May 2025 minutes which were proposed by Judy Leader and seconded by Val Dutton were a true record. All present in favour.

52/25: Matters Arising from the meeting held on 13th May 2025:

There were no matters arising from the minutes.

53/25: Correspondence & Secretary's report:

There was no Secretary report to discuss this month.

54/25: County Management Structure:

It is proposed that Jenny Baldwin will be offered the role of Events Manager, with technical support from the Executive Committee where appropriate.

Once Jenny is in position, Ursula would like a meeting to be set-up with individuals who are involved in the County championship process, to confirm roles and responsibilities and the support to be provided.

In terms of Young Teams and Interclubs, Jenny will be there to support the clubs who have offered to arrange the events.

55/25 No acceptance of records this month.

56/25 Reports:

a) Treasurer

Judy discussed the financials from 1st-31st of May.

Minimal to report, some affiliation fees, normal outgoings. Paid for Chair and Coaches meeting. Two invoices which came in for May are showing in the financial reports for this month.

Judy stated that the July meeting is the last before the summer recess, where we'll typically review budgets for the next financial year. Judy has asked the team to think about their budget requirements for the coming year.

Report attached to appendix.

b) East Midland Region

Regional bursaries – the request by members to have the time to apply for bursaries extended from one to two months was being considered but was still work in progress. Ursula to update her report accordingly, with the latest report being shared in the appendices. In relation to the County application form for a bursary Judy was working with Helen to update the bursary request form to be more in line with the County rather than the Regional bursary request form. Helen is awaiting a response from LASA for Leicestershire criteria, which is ready to go once Helen receives confirmation.

With regard to the Swim England National Awards Helen said that all those nominated would be invited to the Regional Awards Ceremony in September irrespective of whether they were a winner. Helen has shared a link for the Regional awards, which will be uploaded to the LASA website:

<https://eastmidlandswimming.org/clubs/regional-awards-2/>

c) Swimming Report – Report given by Sue

Interclubs and Young teams' rules have been updated to the number of first places rather than the last event. Programme to be finalised in the coming weeks. Trevor queried whether the clubs would be able to enter B teams. Agreed following discussion that Sue would take a look, but it very much depended on how many Clubs entered an A team. Time factor and numbers on poolside would need to be taken into consideration.

With regard to Rule 9 of the Interclub Competition Rules stating that in the event of a tie on points for first place the final position would be determined by the number of first places gained during the gala Paul queried what would happen if the two teams had the exact number of first places. Sue said she would look into this.

Intercounty team to be sorted after the end of June. To date no information has been received from Swim England regarding this event.

With regard to the proposed Swim Camps, Sue has had further meetings with the organisers of the swim camps and now has some provisional dates, proposal: one in September 2 in November and potentially one in December. Aiming to have 4/5 swimmers per lane, with 2 camps on each day, so up to 80 swimmers in total over the 2 sessions. Will need to communicate with the Club Coaches to ascertain whether they were able to provide swimmers on the proposed dates.

Geoff has the Invoice for the age groups pool hire for Hinckley which he will forward to Judy.-With regard to the contract for Braunstone, this was still being discussed as the City Council had issued new contract details which we were a little concerned about. Once sorted Geoff will let Judy have the Invoice for payment.

d) City of Leicester Pathway Report – September/February/May-June.

Ursula thanked City for their report which had been circulated but not able to discuss as Matt was unable to attend the meeting at short notice.

Report attached to appendix.

e) Masters Report

Alan is disappointed that they have been unable to 'go live' with the platform for the Leicestershire Masters Meet entries due to a problem with the files for the event. Fiona expected to get the re-build done this week, following which Chris Bostock would need to complete the files. It was to be hoped that the entry file would be complete and open within the next two weeks.

f) Rules Revision-

Paul sent through a report just prior to the meeting.

Paul said that the Constitution was to be reviewed as there were a number of changes required to be made in line with Swim England recommendations. The previous members of the Rules committee were himself, the Officers, Ron and Trevor. Trevor said he was happy to continue, and Paul said he would ask Ron who was not at the meeting. He asked if anyone else would like to volunteer to join this Committee. No volunteers Paul is aiming to have the first meeting on 2nd or 3rd of July and would send out the relevant documents prior to the meeting.

Report attached to appendix.

g) Officials Report

Ursula gave report highlights in Lee and Ron's absence, congratulations to Kim for completing her Judge 2 qualification.

Report attached to appendix.

h) IT Report

Judy gave an update on the Website, stating that the face lift is nearly complete. The County qualification times will be shared electronically by Geoff and will be attached to the minutes.

i) Disability Report

Ursula said that a Diversity & Inclusivity Volunteer advert was ready to go out but prior to this a meeting had been arranged with Mike Hawkes, SE Diversity & Inclusivity Manager between Ursula, Judy and Sue (apologies from Angela) to review the plans and the advert for the Diversity & Inclusivity Volunteer.

j) Presidents Report

Nothing to report.

k) Any other reports accepted by Chair as relevant

No other reports.

57/25: Any other Business accepted by the Chair:

- a. A new process had been trialled for the Reports. It was discussed as to whether it would be possible for the link to be available to all delegates so that they had access to the reports rather than having the reports emailed out prior to the meeting each month. -Those present agreed to use the link that Angela provided to upload the reports. She explained that the same link would be sent out to all delegates so that they could they review the reports at their leisure.
- b. Geoff raised a point about purchasing yellow and black trunking in 1M strips to cover the cables, the committee agreed, however the price needs to be understood.
- c. Val gave her apologies for the next meeting due to being on holiday.

Date of next meeting 8th July, meeting finished at 7.45pm

Appendices

1. Judy - Treasurer's Report
2. Lee and Ron – Officials Report
3. Ursula – Regional Report
4. Paul - LASA rules revision
5. Matt - CoLSC Head Coach Report
6. Geoff - County Qualification times

1. LASA Treasurer's Report for May 2025

Main Points

- The financial reports attached cover the period of 1st – 31st May 2025.
- Income is attributable to Accreditation Fees and bank interest.
- Expenditure is attributable to the regular outgoings (COL, Workspace, software etc), Records, Catering for the Chair & Coaches Meeting.
- Two invoices received in May, one for Officials License (£5) and one for Trophy Engraving (£287.50), but not paid until June thus are showing in the Balance Sheet report as Amounts owed to Suppliers under Liabilities.
- The Budget meeting for the next Financial Year is due to be held in August, so consideration as to funding requirements and expenditure needs to commence now.

Attached reports:

Cash Flow for the Financial Year – showing financial year to date.

Profit & Loss for May 2025 – a Deficit is reported as expected at this time in the Financial Year.

Balance as at 31st May 2025 – showing overall financial position.

2. Officials Report for May 2025 Meeting

Repeat Request.

The swimming element of the British Transplant Games are being held at Oxford on Saturday 2nd August 2025. The region who hosted this in 2024 have been asked if we can provide bodies to help run the event this year. They are looking for people to officiate and also volunteers to perform other roles like distributing medals and other non-officiating roles. As it is not a licensed event the poolside staff can also include timekeepers and trainee J1 officials in addition to licensed officials. Travelling expenses will be paid and there will be lunch provided between the morning and afternoon sessions. Other details are sparse at this time but if you can offer your services then please email David Fortescue at da.fortescue@outlook.com

Officials update

Congratulations to Kim Black for completing their Judge 2 qualification. Since the new sign-up process for Judge 2 has moved online, I have had just 4 people sign up for Judge 2 training. It would be great if club coordinators could encourage their Judge 1's to take the next step. The link to sign up is [here](#). There has not been any further communication from SE regarding the training and standardisation of mentors on the workshop side of Judge 2 training.

I have received a new East Midlands Judge 1 trainee theory completion up to May; however, the latest qualified officials list is March. I have been able to confirm that completers of Judge 1 have left the trainee list but can't confirm if they are now showing on the qualified list. I have kept their contact details so that they do not miss out on any communication sent to all county officials.

LASA Masters

The LASA Masters Open Meet has been created on Swim Meet and is ready to go live.

3. Regional Report MAY 2025

East Midland Board meeting held 24th May 2025.

REGIONAL BURSARIES

Discussion regarding extending the one month to two months for requesting a bursary was being looked at but it would need to be dependent on when it was considered that a member was qualified. Until this was sorted the process would remain the same.

Clubs must understand that until a person receives their certificate, they are not qualified to take on the role they have been training for. Once the poolside course work has been completed and passed this does not mean that they are qualified as they then need to complete a further online test and then receive their certificate. The quicker they complete the online test will mean they will receive their confirmation via their certificate that they have completed the course. Also stressed that all club volunteers would need to have both DBS and Safeguarding for the bursary to be paid. Basically, three elements to attaining a bursary. 1 – pass the course, 2 - receive the certificate, 3 – apply for a bursary.

REGIONAL COACH TECHNICAL PANEL

With regard to the Regional Coach Technical Panel, in addition to the Counties nominating their Coach for this Panel, the Region would be appointing a further five Coaches who would need to apply and be seen by a selection panel. This would mean that there would be 10 Coaches on the Panel, those who had applied would be on the Panel for a period of two years. If they were unable to attend a Panel Meeting, they would not be allowed to send a replacement, whereas the Coaches nominated by the Counties would be able to send a replacement if unable to attend. It was asked that the County see minutes of the Panel Meetings going forward.

SE NATIONAL AWARDS 2025

The details regarding the National and Regional Awards would be available from 2nd June 2025 via SE website and the East Midlands Region Website. The Region would be holding a presentation ceremony on 13th September. More details to follow.

Ursula

4. LASA Rule Revision Report - June 2025

Following on from the last update to the LASA constitution and rules in April 2024, when we advised that Swim England had recommended, we should review and remove sections of the constitution and rules where they are not considered part of the Swim England standard constitution. Anything that is removed from the Constitution and rules would become a 'bye law' and will be maintained and updated by the LASA Executive (us) meeting) as and when appropriate.

There is likely to be two or possibly three meetings to review and confirm what is to be removed from the constitution, following which a proposal will be presented to the LASA Executive, SGM and AGM, in that order to formalise any changes.

The first is to be arranged early in July and an update will be provided at the July Executive meeting.

Apart from me and the LASA Officers, we will require other members for the rule's revision committee.

In 2024 the other members of the rules revision committee were Ron Brewin and Trevor Hincks. Assuming Ron and Trevor agree, I would like to propose to the Executive that Ron and Trevor, and any others that ask to join during the Executive meeting, to become members of rules revision committee for 2025.

5. CoL report

The National Window is closed!

CoLSC have now have the following swimmers racing at National:

British – Freddie B (NYG), Will Ox (NYG), Jack S (NYG), Oliver D (NYG), Dan H (NYG), Janie F (NYG), Frankie H (NYG), Jess L (NYG), Niamh D (NYG), Alyssa L (NYG), Darcie P (NYG), Kais A (NAG), Max B (NAG), Jacson C (NAG), Harry L (NAG), James N (NAG), Holly G (NAG).

English – Freddie B (NYG), Will Ox (NYG), Jack S (NYG), Oliver D (NYG), Dan H (NYG), Frankie H (NYG), Jess L (NYG), Darcie P (NYG), Lewis F (NYG), Jess Ox (NYG), Chiara R (NYG), Kate A (NYG), Sophie S-G (NYG), Anais K (NYG), Kais A (NAG), Max B (NAG), Jacson C (NAG), Harry L

(NAG), James N (NAG), Holly G (NAG), George H (NAG), Emerson B-G (NAG), Chloe G (NAG), Mason T (Reg)

Scottish – Niamh D (NYG), Arthur B (NAG), Emma G-B (NAG), Andrew B (NAG), Laura G-B (Reg), John G-B (Reg)

Welsh – Issy R (NAG)

This is a great showing from the swimmers above, with some swimmers qualifying for their first National event. Well done to all involved.

CoLSC Coaches on Programmes

Jamie

Head Coach for the NAGDP Camp (Oundle 31st May)

Harry

Head Coach for the East Midland Regional Camp (Repton 1st June)

CoLSC Swimmers on Programmes

NAGDP

Janie F (HSC), Freddie B (LPSC), Jack S (LSSC), Will Ox (BSC)

East Midlands Regional Camp

Holly G (CSC), Jacson C (LSSC), Kais A (LSSC), Andrew B (LNSC), Pippi B (LNSC), Nicola M (LSSC), Jacob T (LSSC)

Regional Coaches Panel Notes

The coaching panel recommendations:

50m events at Regionals to still follow National.

Relays to be swum 14-16yrs and 17yrs+.

Qualifying times for Regionals to be based around a percentage of improvement against a European Junior standard.

Relays taken out of the Regional S/C programme.

Open Water

The Region is continuing to investigate venues and viability to run a Midlands (East Midland and West Midland) Open Water Championships in 2026.

2026 LEICESTERSHIRE AGE GROUPS AND CHAMPIONSHIPS ENTRY TIMES

Male Open							Entry Time 25m	Female						
10yr	11yr	12yr	13yr	14yr	15yr	16/Over		10yr	11yr	12yr	13yr	14yr	15yr	16/over
44.44	44.44	38.64	36.24	34.68	32.80	29.10	50m Freestyle	41.51	39.70	36.60	34.80	34.30	33.30	30.70
1:38.56	1:35.63	1:28.50	1:19.20	1:15.00	1:12.60	1:07.44	100m Freestyle	1:33.86	1:26.50	1:21.80	1:17.10	1:14.70	1:12.00	1:09.90
3:28.79	3:28.79	3:01.56	2:52.32	2:43.56	2:32.10	2:27.50	200m Freestyle	3:24.64	3:03.30	2:49.10	2:40.90	2:35.70	2:33.70	2:29.20
6:28.20	6:28.20	6:05.20	5:56.30	5:27.60	5:15.20	5:01.60	400m Freestyle	6:29.50	6:29.50	6:06.40	5:42.90	5:33.30	5:27.80	5:22.30
		12:51.10	12:18.60	11:27.80	11:12.90	10:26.10	800m Freestyle			12:26.40	11:51.20	11:31.70	11:18.90	11:09.70
		23:57.10	22:38.50	22:38.50	20:42.30	20:04.00	1500m Freestyle			23:22.00	22:10.50	21:52.90	21:50.00	21:12.60
58.10	58.10	50.52	47.20	44.10	42.20	39.72	50m Breaststroke	55.68	52.80	48.70	45.70	44.70	42.70	41.60
2:03.88	2:01.50	1:52.68	1:46.20	1:38.40	1:34.80	1:28.08	100m Breaststroke	1:53.32	1:50.70	1:42.70	1:38.30	1:35.70	1:33.10	1:30.50
4:35.45	4:35.45	3:59.52	3:42.96	3:28.30	3:16.50	3:08.80	200m Breaststroke	4:11.19	4:03.90	3:39.20	3:26.20	3:22.90	3:18.40	3:15.40
52.92	49.10	44.70	40.44	38.40	35.60	33.48	50m Butterfly	46.39	44.50	41.00	38.90	38.00	36.50	36.00
2:06.54	1:54.54	1:39.60	1:31.56	1:27.00	1:22.70	1:15.84	100m Butterfly	1:48.60	1:36.70	1:30.50	1:23.70	1:22.70	1:21.20	1:19.50
4:27.17	4:27.17	3:52.32	3:34.92	3:22.68	3:11.20	2:59.50	200m Butterfly	4:01.90	4:01.90	3:52.20	3:45.40	3:33.60	3:17.90	3:04.90
51.61	51.61	44.88	42.48	39.96	37.10	36.48	50m Backstroke	46.23	45.70	42.10	40.10	39.40	38.10	37.30
1:54.85	1:50.81	1:36.36	1:30.12	1:25.90	1:20.20	1:17.40	100m Backstroke	1:41.88	1:36.90	1:31.90	1:26.10	1:23.50	1:21.20	1:18.80
3:58.20	3:52.67	3:22.32	3:14.52	3:03.72	2:51.10	2:44.70	200m Backstroke	3:53.41	3:24.30	3:11.40	2:59.90	2:57.40	2:53.60	2:50.50
1:45.67	1:38.50	1:33.20	1:27.30	1:22.10	1:18.50	1:15.40	100m Ind Medley	1:44.01	1:39.00	1:34.90	1:29.20	1:26.80	1:25.00	1:23.40
3:41.96	3:31.60	3:19.40	3:03.40	2:52.00	2:46.40	2:43.80	200m Ind Medley	3:42.10	3:31.10	3:17.10	3:05.80	3:00.40	2:58.60	2:54.80
		6:58.40	6:27.10	6:09.00	5:56.50	5:46.10	400m Ind Medley			6:53.80	6:31.00	6:22.30	6:16.10	6:11.90

LASA Age Groups and Championships 2026

Notes:-

These are **Entry Times not Qualifying Times**; an **entry time does not guarantee a place in the LASA 2026 Championships**.

Pro rata through the age groupings will be done if oversubscribed.

The youngest age group is a combined 10/11 years. Whilst we have given the 10yr olds separate entry times they will compete in a combined 10/11 age group for medals and finals and only be in a separate age group for the LASACATS competition.

Finals for 16/17yrs Age grouping on 50m and 100m Events- for the Female & Open/Male entries will remain.

Open/Male is the new designation from Swim England; open refers to gender not age.