



## LEICESTERSHIRE & RUTLAND AMATEUR SWIMMING ASSOCIATION

### Minutes of Meeting held on Tuesday 14<sup>th</sup> October 2025

Claire Coleman, Head of Development at Swim England, had asked if she could attend the meeting to give a presentation on the Club Health Tracker. Claire said she would send a copy of the presentation through, and once received Ursula asked that it be circulated to the Clubs. It is an optional tool for every club to use and complete. This, Swim England's innovative online tool assists clubs to review and measure their club development work and benchmark against other clubs, regionally and nationally.

Not only will the Club Health Tracker help spot areas for development, but it will also clearly measure successes year on year. It gives clubs the opportunity to quantify and celebrate the committee work (and the people) that have created progress in their club development. The Swim England, club development team offer bespoke support for any club identifying needs, plus signposts to resources and case studies with ideas for best practice. The annual insight is also useful for Swim England and regions to help track the current landscape, understand club priorities and offer targeted support. It has been running for 3 years, with the same questions to highlight changes where areas change. It typically takes about 15 minutes to complete and it is worth a few club members sitting together to input the answers.

Logins are needed for all of the clubs – Claire has asked that all Club Secretary's check that they and the other sections of the club have their logins, especially as individuals move around and leave positions. If you don't know your logins then please contact: [clubdevelopment@swimming.org](mailto:clubdevelopment@swimming.org) Claire mentioned that the tool is really useful for short and long term resourcing. Helen Bickerstaff said that any club completing the Health Tracker would be in line to receive a bursary of £81.

Judy has asked that the County has access to the dashboard. Claire said that this was being worked on, and it was to be hoped that it would be available to counties within the next few months.

Claire was thanked for attending the meeting.

**Present:** Ursula Beck, Alan King, Angela Lake, David Lander, Geoff Robillard, Judy Leader, Lee Smith, Sue Wainscot, Sam Winter, Stacie Currie, Val Dunton, Matt Graham Brown, Helen Bickerstaff, Jenny Baldwin, John Michael (Penguins), and Ron Brewin.

**72/25: Apologies:** Alan King, Paul Sippit and Trevor Hincks. Tom Whitmore, Chris Perkins, and Jill Stidever were also absent from the meeting.

#### **73/25: Confirmation of the Minutes of the meeting held on Tuesday 9<sup>th</sup> September 2025:**

The minutes held on 9<sup>th</sup> September 2025 were proposed by Val Dunton and seconded by Judy Leader as being a true record. All present in favour.

#### **74/25: Matters Arising from the meeting held on 9<sup>th</sup> September 2025:**

None.

#### **75/25: Correspondence & Secretary's report:**

There was no Secretary report to discuss this month.

Ursula mentioned that details of the Howden Grass Roots Competition had been circulated by the East Midland Region as it had been identified that whilst the details of this competition had been included in the East Midlands Newsletter East Midlands had been made aware that the links were incorrect. The correct details would be in the next East Midlands Newsletter.

The AGM is on the 9<sup>th</sup> of December, Ursula requested that those with reports to have them by 31<sup>st</sup> October to the LASA Secretary. Please use this link to upload them:

<https://drive.google.com/drive/u/1/folders/0AJjThwazVPDIUk9PVA> and put them into the AGM Documentation 2025 file. Please provide an editable word or excel version and a pdf version.

Nominations need to be in for the Officers and the Rules manager by the 1<sup>st</sup> of November. Angela will be sending out the nomination forms to all clubs and delegates.

Ursula asked if David would be kind enough to send in a report and if possible, by 31<sup>st</sup> October.

**76/25: No records were shared this month.**

**77/25: Reports:**

**a) Treasurer**

Judy discussed the financials from 1<sup>st</sup> September – 30<sup>th</sup> September 2025.

She mentioned that there is lots going on and that there is an error on the report; profit and loss should say for Sept and the Balance Statement should be 30<sup>th</sup> Sept.

Income is normal income, bank interest and door taking for Masters meet, plus some relay entries, plus sponsorship from Carter Jonas. A few entries of money going in and out. Master entries had to go into bank account. Expenses for Masters and Intercounties plus 1<sup>st</sup> of 4 swim camps, plus insurance.

Judy stated that there has been no payment to COL as this is only a 12 month contract which ended in August 2025. Once the new Pathway Agreement had been ratified by the Executive Committee the outstanding monthly payment would be paid.

Judy mentioned that a 'deposit to loan equipment arrangement' has now been Introduced with the necessary details and relevant request form. It was agreed that the equipment loan form is to be put on the LASA website, This arrangement has been used twice since being introduced with no issues or objections. A copy of the form will be attached to the minutes and this is the link to it: [https://98f27151-6170-4f1e-8b43-5ed4bff30e61.usrfiles.com/ugd/98f271\\_dea17b47509848e7b6070430ce2448c5.pdf](https://98f27151-6170-4f1e-8b43-5ed4bff30e61.usrfiles.com/ugd/98f271_dea17b47509848e7b6070430ce2448c5.pdf)

Judy is currently compiling end of year accounts for inspections.

Interclubs and Masters Meets, P&L were discussed. Interclubs made a surplus of £80. Masters Meet made a surplus of £1200, smaller than usual due to other events at the same time.

Judy said she had started to see money for Young Teams coming in. To date entry money received from Neptune, Loughborough had paid £50 for the Inter Clubs by mistake and rather than refunding the £25 it would be transferred across for payment for entry into the Young Teams. Loughborough had confirmed that they would be entering along with Coalville who because they were organising the event would not need to pay for their entry. Need to ascertain whether Oadby & Wigston who would be joining with Shepshed again. To date they had not paid their entry fee.

Balance sheet, assets, an amount of £520 owed from Carter Jonas for sponsorship of the Masters Open Meet. Judy said this was partly her fault as she had been late in sending the invoice to Carter Jonas.

PayPal balance of £115.21 now transferred after awaiting any refunds.

£183.50 attributed for AB Wallace for engraving.

**Report attached to appendix.**

**b) East Midlands report – Ursula**

Ursula discussed the ongoing need for ensuring DBS and Safeguarding accreditation is kept up to date for all club volunteers. Ursula said she was now receiving a report from Helen Bickerstaff showing where clubs have volunteers without DBS's or safeguarding in place. Ursula said she would be communicating with clubs whose volunteers did not have the right qualifications to be on poolside. It was also stressed that the clubs were putting themselves at risk both with safeguarding and club insurance. The Regional Award event took place on the 13<sup>th</sup> of September. Ursula said a list of those volunteers nominated from Leicestershire was attached to her report. It had been an excellent awards presentation.

**Report attached to Appendix**

**c) Swimming Report/Development Report – Sue**

Sue mentioned that the next swim camp is 1<sup>st</sup> of November, however there are still 3 clubs that haven't been heard from. Loughborough, Sharks and Hinckley. Once she knew which clubs were not participating, she would be able to offer extra spaces to those clubs who were taking part in the Camp.

Sue re-iterated that the **closing date for entry is 25<sup>th</sup> of November for Young Teams**. There are several teams that still need to pay. Jackie Harrison from Coalville was going to meet with Sue to go through the arrangements for this gala.

The Go Cardless National Intercounty team Championship event took place on Sunday 5<sup>th</sup> October at Ponds Forge with the Leicestershire team finishing fourth in the Second Division resulting in the team being promoted to the First Division. This was an amazing achievement and congratulations to all swimmers and Sue mentioned that it was one of the best groups of athletes the County has had for the event in recent years.

The County Trophies were discussed, aiming to have them returned at the Young Teams event in November so that they can be repaired and polished for next year. The logistic of this still needs to be worked through. Jenny was organising this for this year.

**Report attached to Appendix**

**Age Groups and Championships 2026 update 14/10/25 - Geoff**

- All items on schedule
- Just awaiting Licence Numbers from SE
- PAT test date for LASA Electrical Equipment has been requested
- New LASA Events Manager sorting out medals and trophies
- Ongoing discussions with the two LCs on some easily rectified issue
- BLC have a boom service booked for 20/10/25

**d) COL report – Not required this month**

**e) Masters report – Ursula presented on behalf of Alan**

Braunstone LC has been booked for next year on Sunday 13th September 2026.

Alan had also received confirmation that David Fortesque was willing to attend again and run our AOE.

Alan believed Judy has confirmed our booking with Leisure Centre.

Re Inter County National Masters Championships on Nov 9th Moorways pool Alan confirmed Leicestershire will be entering a team. They have completed the team selection and swimmers will be notified next Sunday/Monday when Alan returns from Holiday. Alan said they would require support with 1 timekeeper and 1 judge to go to this event. Lee said he would assist with this.

Warm up is 12.00 noon racing starts about 13.00 and the event should be finished by 16.00/16.30 latest.

Sue to contact Alan to get access for hats and t-shirts for those attending the event.

**f) Rules – presented by Ursula on behalf of Paul**

Ursula stated that we now have a draft of the updated Constitution and new Bylaws. The change in the accounting year and AGM had been agreed by the Executive at the September meeting. The draft Constitution and By Laws will be circulated with the minutes and Ursula asked the delegates to look at the draft copies and if they had any concerns to contact either herself or Paul. The draft Constitution and By Laws will be sent to Swim England for their approval before being presented at the AGM in December.

**Report and draft Constitution and By Laws attached to Appendix**

**g) Officials report – Lee reviewed this.**

Lee gave a huge congratulations to Jack Coleman of Coalville swimming club on completion of their referee qualification. Also, congratulations to Duncan Brown of Melton Mowbray for passing his final poolside assessment for starter on 06/09/2025.

He discussed the September qualified officials and trainees, these reports come every 3 months. The list is now very accurate compared to previous months.

Lee offered support for those wanting to become qualified.

Within the report and below is the link for the East Midlands Short Course, from Matthew for the volunteers to sign up:

<https://swim-meet.com/Availability/?m=7711>

**Report attached to Appendix**

**h) IT Report.**

Judy said she did not have a report for this meeting.

**i) Disability Report**

No report for this meeting

**j) Presidents Report**

No report for this meeting.

**k) Any other report**

No further reports

**78/25: Nominations for Honorary President**

A nomination had been received from David Lander, seconded by Sue Wainscot for Gez McLoughlin for the for Honorary President 2026. Ursula read out the citation. This will now go forward to the AGM.

**79/25: Trophies:**

Over last few months, the Trophy details have been tidied up. Copies would be circulated with the minutes. the main changes were that all trophy submission would be 31<sup>st</sup> October rather than different dates making it clearer to those nominating and the criteria for the Masters Trophy had been clarified.

Reminder that nominations were still required for the following trophies by 31<sup>st</sup> October as outlined in the September minutes.

**Nominations to General Secretary by 31<sup>st</sup> October**

- Tony Gibson Trophy /G.E. McCoy Cup (Male/Open & Female)
- Swimmer of the Year (Male/Open & Female).
- Trevor Henson Trophy (Male/Open & Female)

**Nomination to Chair by 31st October 2025**

- LASA Annual Coach Award - with citations

**Nominations to Masters Swimming Officer and Chair by 31st October**

- LASA Masters Swimming Trophy (Male/Open & Female)

### **80/25: City of Leicester/LASA Pathway Agreement 2025/26**

COL/LASA Pathway Agreement was discussed. LASA are planning to reduce the amount we plan to pay them to £6k from £10k. This is primarily due to one of KPI's not being met in previous years, namely the visiting of clubs. Also, in previous agreements it was understood that COL would be required to be at the Age Group & Championships, this had now changed in that they would not be required to attend but would be invited to the County Championships when it was to be hoped that they would take the opportunity to chat to the coaches and identify any development swimmers.

The proposed changes had been agreed with COL and the proposed Agreement was accepted by all present at the meeting. Judy said she would now ensure that the outstanding monthly payments from September of this year were paid to COL.

Ursula also informed the Executive that a Chair and Coaches meeting had taken place on 11<sup>th</sup> October 2025. This meeting had been called to commence discussions on the future pathway with City of Leicester and to ask those present to give their views of how the future should look for swimming within the County, giving consideration to how the County will support COL pathway over the coming years. The current funding will remain in place for 25/26 with future conversations focusing on a decision for 26/27 onwards. Meetings would continue to take place and feedback is being reviewed. Updates will be provided to the-Executive as and when necessary.

### **81/25: Any other Business accepted by the Chair:**

- a) John queried whether the MoU would be changing in line with the new Pathway Agreement. It was explained that the MoU was not part of the Pathway Agreement and at this time it was not felt that there was a need to make any changes.

**Date of next meeting 11<sup>th</sup> November, meeting finished at 8.08pm**

## **Appendices**

1. Judy - Treasurer's Report
2. Ursula - East Midlands Region Board Meeting
3. Sue – Swimming Activity Update
4. Alan - Masters Report
5. Lee and Ron – Officials Report
6. Ursula - Leicestershire Trophies
7. Geoff – Age Group & Championship Report

# 1. LASA Treasurer's Report for October 2025

## Main Points

- The financial reports attached cover the period of 1<sup>st</sup> September – 30<sup>th</sup> September 2025.
- Income is attributable to Door takings for the Inter Clubs Gala, Masters Open Meet Relay Entries, Masters Sponsorship and bank interest.
- Funds were transferred from PayPal (Masters Entries) to the Current Account. A small balance was left in PayPal to cover any refunds. This residual balance was transferred to the Current Account 12/10/25 and will appear in next month's reports.
- Funds were moved between the Deposit Account and the Current Account to ensure there was sufficient funds to cover expenditure.
- Expenditure is attributable to the regular outgoings (Workspace, software etc), and:
  - Masters Meet
  - LASA Inter Clubs
  - Transport for Inter Counties in Sheffield.
  - The 1<sup>st</sup> of the 4 Skills Camps booked
  - Insurance
- COL has not been paid for September & October, pending ratification by the executive of the new agreement. Once ratified payments will be made.
- A Deposit for the Loan of LASA Equipment is now being levied, with two clubs having successfully borrowed equipment so far in October.
- End of Year Accounts are being prepared for submission to the Independent Inspector for audit.

## Inter Clubs – 6<sup>th</sup> September 2025

- This gala, organised by Leicester Sharks CSC, appears to have operated with a small surplus of around £80, although the amount paid for water is yet to be confirmed

## Masters Meet – 14<sup>th</sup> September 2025

- This gala has operated at a surplus of just under £1200.00, down by about £500 on last year.

## Attached reports:

Cash Flow for the Financial Year – showing financial year to date.

Profit & Loss for September 2025 – a Deficit is reported as expected at this time in the Financial Year.

Balance as at 30<sup>th</sup> September 2025 – showing overall financial position.

Masters Open Meet P&L Report

Inter Club P&L Report.

## **2. East Midlands Regional Board Meeting**

### **DBS AND SAFEGUARDING**

Main discussions involving Counties were the DBS and Safeguarding figures which show that there are still clubs with outstanding DBS and Safeguarding for their volunteers. It is important that all volunteers working on the poolside are fully covered. Failure to do so could affect the Clubs Insurance cover and also may result in the Club losing their affiliation.

At the time of this Board meeting Leicestershire had three clubs with DBS missing and 6 clubs with Safeguarding missing. Moving forward I will be reminding the Leicestershire clubs personally if they appear on the report. The clubs in question have already had a reminder from the Region. Need to understand that DBS and Safeguarding renewal is an ongoing task and all volunteers should be made aware of these requirements by either the Welfare Officer within the club or a person who has been asked to keep these records up to date.

### **REGIONAL AWARDS 2025**

The Award Ceremony took place on Saturday 13<sup>th</sup> September and was well represented by Leicestershire. Well done to all those volunteers and let's hope for even more next year.

### **TALENT DEVELOPMENT COACH OF THE YEAR**

Stuart Henson

### **TECHNICAL OFFICER OF THE YEAR**

Sarah Martin -, Winner

John Sneesby – Highly Commended

Kat Spiers

Louise Cowles

Nikki Hudson

Pam Tilley

Yvonne King

### **VOLUNTEER OF THE YEAR**

Sarah Bramford – Highly Commended

Alan King

Nikki French

Sumeya Lila

### **YOUNG VOLUNTEER OF THE YEAR**

Leah Trahearn - Highly Commended

### **SWIMMING CLUB OF THE YEAR**

Leicester Sharks

### **CHILDREN /AGE GROUP COACH OF THE YEAR**

Lee Geraghty

Stuart Henson

### **OUTSTANDING CONTRIBUTION TO SWIMMING**

Alice Ball

### 3. Swimming Activity Update

LASA EXECUTIVE MEETING OCTOBER 2025

#### SWIMMING UPDATE

Go Cardless National Inter County Team Championships:

This took place on Sunday 5th October at Ponds Forge. A team of 29 swimmers from Leicestershire competed and finished 4th in Division 2 to gain promotion to Division 1 for 2026. This is an amazing achievement and congratulations to all swimmers.

Unfortunately, Mason Traynor had to withdraw just before the event as he broke his wrist and we wish him a speedy recovery.

Darcie Platts & Finlay Gibson were Team Captains at the event with Harry Pickering & Jamie Black as Team Coaches, supported by Steve Platts & Nicola Burdett as Team Managers.

With no disqualifications everyone contributed points to the team total.

#### Top 3 places:

Alyssa Lo: 16/17 years 100m Freestyle 2nd place

Maxwell Burdett: 12/13 years 100m Breaststroke 1st place

Janie Finch: 14/15 years 100m Butterfly 3rd place

George Howard: 12/13 years 100m Freestyle 1st place

Open/Male 12/13 years 200m Medley Relay 3rd

The following swimmers/teams beat their entry times:

Sophie Lane: 12/13 years 100m Freestyle & 100m Butterfly

Olivia Faustmann: 14/15 years 100m Breaststroke

Jack Smith: 14/15 years 100m Breaststroke

Holly Gent: 14/15 years 100m Freestyle

Finlay Gibson: 16/17 years 100m Breaststroke

Maxwell Burdett: 12/13 years 100m Butterfly

Female 16/17 years 200m Medley Team

Female 14/15 years 200m Medley Team

Open/Male 14/15 years 200m Medley Team

An email was sent to all swimmers, parents, coaches & Team Managers to thank them for their support.

It was pleasing that all swimmers selected were available to swim.

#### Swim Camp 27th September 2025: Backstroke:

This took place at Loughborough University with 51 swimmers attending. The maximum number of places is 64 so it was a little disappointing that 13 places were not taken up, particularly as 6 swimmers did not turn up for their session without any notification to their club or to LASA. Two clubs were unable to send any swimmers (one was known well before the event). Hopefully all clubs are able to send swimmers for the next session which takes place on Saturday 1st November with the Breaststroke Camp.

The feedback from Coaches, Swimmers & Parents was positive. Based on feedback from some of the Coaches attending we are slightly revising the Coach sessions at the next camp to give more opportunity to gain poolside experience to watch the drills being put into practice. The swimmers appreciated their swim hat and apparently some have been seen at club training sessions!

At the time of preparing the report 5 clubs have provided names for the Breaststroke camp (Market Harborough, Melton Mowbray, Coalville, Braunstone and Leicester Penguins). I am chasing the other clubs.

There are further camps on the 22nd of November (butterfly) & 13th December (freestyle).

Chair & Head Coach Meeting:

This took place on Saturday 11th October 2025 using Google Meet and there was an excellent attendance with every club being represented.

#### 4. Masters Report October 2025

The main topics for Masters are as below:-

Braunstone LC has been booked for next year on Sunday 13th September 2026.

I have also received confirmation that David Fortesque is willing to attend again and run our AOE.

I believe Judy has confirmed our booking with Leisure Centre.

Re Inter County National Masters Championships on Nov 9th Moorways pool I can confirm Leicestershire will be entering a team. We have completed the team selection and swimmers will be notified next Sunday/Monday when I return from Holiday. We will require support with 1 timekeeper and 1 judge to go to this event.

Warm up 12.00noon racing starts about 13.00 and it should all be done by 16.00/16.30 latest.

LASA Rule Revision Report – September 2025

#### 5. Officials Report for October 2025 Meeting

Congratulations to Jack Coleman of Coalville swimming club on completion of their referee qualification. Also, congratulations to Duncan Brown of Melton Mowbray for passing his final poolside assessment for starter on 06/09/2025.

##### Officials update

We have received an update on officials as of middle of September. The lists being provided now seem very accurate. Below highlights the comparison to the last list published in June. I have also for reference added number of officials per club.

Qualification	Jun-25	Sep-25
	No. Officials	No. Officials
Referee	10	11
Referee trainee	2	1
J2 Starter	23	27
J2 Starter trainee	1	1
J2	28	25
J2 trainee	11	15
J1	55	55
J1 trainee within 11 months	22	25
J1 trainee outside 11 months	13	13*
<b>Total</b>	152	160

Club	No. Officials	
	Qualified	J1 Trainee
Braunstone	10	2
City of Leicester	3	0
Coaville	16	3
Hinckley	21	8
Penguins	17	2
Sharks	19	10
Loughborough	9	3
Market Harborough	8	4
Melton Mowbray	21	1
Neptune	10	2
Oadby & Wigston	1	2

\*Not included in the total as they are past their 11 months and in most cases will not complete their qualification.

The totals for each category can change quite frequently with officials starting their next level of qualification.

We also have another 3 referees that are on the mailing list by request that are not registered under Leicestershire.

##### Upcoming events for the diary

Swim England East Midlands Short Course Championships 2025, Harvey Hadden Nottingham 31<sup>st</sup> October – 2<sup>nd</sup> November 2024. Officials can register their interest by going to: <https://swim-meet.com/Availability/?m=7711>

## 6. Leicestershire Trophies

### TROPHIES

All trophies are presented at the LASA Age Group & County Championships

#### **CHRIS WHITE TROPHIES (Male/Open & Female)**

Swimmers 15/O must have competed in the 200IM, and the 4 x 100m (back, breast, butterfly and free) events to qualify. The highest cumulative World Aquatic (FINA) Points will determine the winners.

#### **CHARLIE DILKES TROPHIES (Male/Open & Female)**

Swimmers aged 13/14 years who compete in the 200m Individual Medley and all 4 x 100m events (back, breast, butterfly & free) to qualify. The highest cumulative World Aquatic (FINA) Points will determine the winner.

#### **CENTENARY TROPHIES (Top Male/Open & Female Clubs)**

Presented to the Club with the most World Aquatic (FINA) points from swimmers placed in the top three positions in all Junior & Senior Championship events swum at the LASA County Age Groups & Championships

#### **FRANK (MALE/OPEN) & EDNA WARNER (Female) TROPHIES**

For swimmers competing in all the 4 x 50m events, with the lowest aggregate times. Presented at the end of the final session of the Age Groups.

#### **THE TONY GIBSON TROPHY (Male/Open)/G.E. McCOY CUP (Female)**

The Tony Gibson and GE McCoy Cups shall be awarded annually, respectively to the male/open and female swimmer returning the highest World Aquatics (FINA) Points for the 100 metres Freestyle long course between 1<sup>st</sup> September and 31<sup>st</sup> August in the year prior to the LASA County Age Groups & Championships, all as recorded on the Swim England Rankings database on 1<sup>st</sup> October. A swimmer must have swum for a Leicestershire club and/or a representative team selected through Swim England or Aquatics GB (i.e. a regional, English, Welsh, Scottish or GB Team). Nominations to be sent to General Secretary by 31<sup>st</sup> October each year.

To be eligible for the award a swimmer must, at the time of the swim, be a first SE registered member of a club affiliated to Leicestershire and Rutland ASA (LASA) and shall have been registered with the club for a period of not less than two years immediately prior to the swim.

#### **SWIMMER OF THE YEAR (Male/Open & Female)**

Clubs to submit nominations to Hon. General Secretary by 31<sup>st</sup> October of each year. Criteria effort, achievement, improvement, and commitment observed during the swimming year ending 31<sup>st</sup> August. Nominations to be reviewed and decision made by LASA Executive. If more than one nomination is received LASA Executive to have one vote and most votes given to a swimmer is awarded the trophy. In the case of a tie with the voting, the Chair will have the casting vote. General Secretary to circulate nominations to the LASA Executive if a vote required.

#### **TREVOR HENSON TROPHY**

The Trevor Henson Trophy awarded for International Representation i.e. Selected to represent your Country during the swimming year ended 31<sup>st</sup> August. Nominations from clubs must be sent in writing to Hon. General Secretary by

31<sup>st</sup> October. If more than one nomination is received LASA Executive to have one vote and most **votes given to a swimmer** is awarded the trophy. In the case of a tie with the voting, the Chair will have the casting vote. Hon. General Secretary to circulate nominations to the LASA executive if a vote required.

### **PRESIDENTS TROPHY**

Presented annually at the Age Group Championships by the retiring President to a person selected for their work and achievement within the County. The President will select a nominee for the Presidents Trophy during their term of office. Nomination to be received by the Secretary from the President by 31<sup>st</sup> October.

### **LASA ANNUAL COACH AWARD**

This award shall be awarded annually recognising a Swim England coach in Leicestershire who has made an outstanding commitment to coaching within their club and has supported and inspired athletes to achieve their personal best. This coach may also have provided help to mentor and support other coaches and aim to increase participation within the sport whilst being able to demonstrate improved performance of individuals or teams.

The Coach must be:

- coaching at a Leicestershire and Rutland ASA (LASA) affiliated club, either paid or unpaid.
- Swim England qualified coach and registered with Swim England.
- member of the Swim England Club Coaching and Teaching Register.

Any nomination shall contain a citation that describes the notable achievements for the twelve months ending 30th September in each year but may also contain details of activities older than 12 months if relevant to the nomination. Nominations should be sent to LASA Chair no later than 31<sup>st</sup> October who shall check the nominations for compliance with the above criteria.

The nominations that meet the stated criteria shall then be reviewed by the LASA Officers. In the event of a tie with voting the LASA Chair shall have the casting vote. The LASA Executive will be informed of the winner at the January meeting.

### **LASA MASTERS SWIMMERS TROPHIES – (Male/Open and Female)**

The Masters Swimmers of the Year shall hold the trophy for a period of one year. The award is to reflect the achievement of an individual competing during the swimming year ended 31<sup>st</sup> August, with outstanding effort and achievement that would add distinction and recognition to the name of the nominee. The nominee should be a member of a club affiliated to the Association from the beginning of the swimming year of the review who has not represented another County in the same year.

The County will take into account the following:

- Competing in LASA Masters organised events
- Supporting the swimmers base club in competitions, masters training and development
- Achievements at County, Regional & National Competitions whilst representing a LASA club, East Midlands Region or National Team

The name, together with the details supporting the nomination must be sent to the General Secretary and LASA Masters Swimming Officer by 31<sup>st</sup> October for the swimming year ending 31<sup>st</sup> August.

The nominations that meet the stated criteria shall then be reviewed by the LASA Officers and Masters Swimming Officer.

## **7. Age Groups and Championships 2026 update 14/10/25**

- All items on schedule
- Just awaiting Licence Numbers from SE
- PAT test date for LASA Electrical Equipment has been requested
- New LASA Events Manager sorting out medals and trophies
- Ongoing discussions with the two LC's on some easily rectified issues
- BLC have a boom service booked for 20/10/25