

# The Leicester & District Swimming League

(Leicestershire & Rutland ASA is affiliated to Swim England East Midland Region)

## WINTER COMPETITION 2023

### Competing for the HAYTO Trophy

Round 1 – 14<sup>th</sup> Jan      Round 2 – 4<sup>th</sup> Mar      Round 3 – 22<sup>nd</sup> Apr

1. All swimmers must be bona fide members of the Club and Registered Category 1 or Category 2 competitive swimmers.
2. Any swimmer having swum for one Club in the current competition may not swim for another Club in the same competition.
3. Ages as at 22<sup>nd</sup> April 2023
4. Swimmers aged 9 to 15 years may swim a maximum of two events in their own age group and one event in a higher age group.
5. Swimmers 16/over may swim three individual events.
6. There is no limit to the number of relay swims per swimmer.
7. Each team must provide one Judge and two Timekeepers.
8. Under Swim England Regulations & Technical Rules
9. The organisers will have been notified by the League Secretary of the Points scoring to use and it will be announced at the start of the gala.

[www.leicestershireasa.org/leicester-league](http://www.leicestershireasa.org/leicester-league)

