



LEICESTERSHIRE & RUTLAND AMATEUR SWIMMING ASSOCIATION

Minutes of Meeting held on Tuesday 12th March 2024

Present: Ursula Beck, Judy Leader, Geoff Robilliard, Ron Brewin, Sue Wainscot, Alan King, Paul Sippitt, Trevor Hincks, Abi Crane, Lee Taylor, Angela Bird, Jamie Evans, Lee Smith, Jill Stidever.

20/24: Apologies: Val Dunton, Rachel McClaren, Angela Bird, Maryjoy Appleton, Helen Bickerstaff and Jenny Beech. Leslie Johnson was also absent from the meeting.,

21/24: Confirmation of the Minutes of the meetings held on Tuesday 13th February 2024

The minutes of the meeting held on 13th February 2024 were proposed by Geoff and seconded by Judy as being a true record. All present in favour.

22/24: Matters Arising from the meeting held on 13th February 2024.

No matters arising from the previous meeting.

23/24: Correspondence & Secretary's report:

- a) The Listening Report which has been circulated to all SE Members is now on the LASA Website and Ursula said if anyone had any question with regard to this report, they could either contact Swim England or ask the County.
- b) County Welfare Officer – Ursula said that it was not now allowed for the County Welfare officer to be in a relationship with one of the Officers of LASA and therefore she was stepping down as the County Welfare Officer. Having circulated to the Club Welfare officers to see if anyone was interested in taking on this position, Mary Clarke, City of Leicester Welfare Officer had said she would be interested. Ursula asked for the approval of the Executive to offer this appointment to Mary. All in favour. Ursula confirmed that a new email address would be provided, and all relevant persons would be informed of this change.

24/24: Acceptance of Records – Trevor Hincks

Trevor said there were no records to be ratified for the month of February 2024.

25/24a Treasurers Report – Judy Leader

Main Points

- Income attributable to 2024 Age Group and County Championship door takings, Accreditation Passes, sale of merchandise both Polos and Hoodies (commission)
- Expenditure is also related to the costs associated with the Age Groups as well as the regular outgoings (COL, Workspace).
- There is an outstanding payment related to the Age Groups which is for the use of the AOE equipment. An invoice for £1320 is awaited from Hinckley SC.

2024 Age Groups and Championships

- Competition P&L is attached to this report (circulated prior to the meeting)
- With the exception of the charge for the use of the AOE equipment all expenses have been paid.
- This year there was a surplus of £15,170.69, which is a considerable increase to that budgeted and that of last year. This is largely due to the significant increase in numbers of entries, increase in spectator door takings and the pool hire and food & beverages being less than last year.
- There will be charges for trophy engraving that are connected to this competition. These are received throughout the year as swimmers remember to take them to AB Wallace, so this expense is spread over the 12 month period and is not limited to the Age Group Accounting period'.

Attached reports: (circulated prior to the meeting)

Cash Flow for the Financial Year – showing financial year to date.

Profit & Loss for February - expenses exceeded income, showing a 'loss' as expected with the Age Group costs.

Balance as at 29th February 2024

Final Age Group & Championships P&L showing budget, estimates and actuals and change on last year.

With regard to the engraving of the trophies, Angela Lake had queried whether there would be any issues when the swimmers took their trophies to the engravers (Wallace Engravers) as they had not had the normal blue slip with the trophies. Abi said that there would not be an issue as Wallace Engravers had a list of all trophies that would need to be engraved this year. Angela had also expressed a concern that some of the trophies were quite badly damaged. Abi said she was aware of this, and it was agreed that she would contact Wallace Engravers and ask them to let her know of any damaged trophies and whether they could be repaired or not so that the County could decide on what should be done.

It was also pointed out that the Presidents Chain after this year would not have any more room to place the plates onto it. A decision would need to be made with regard to the purchase of a new chain and what type of chain. Abi said she would speak to Wallace Engravers and see what was available,

Post note – Abi has spoken to the Engraver, and he will inform her if he receives any trophies in need of repair and then a decision could be made as to whether repair or replace. Wallace Engravers had also sent a link to the different type of Chains available for the new Presidents Chain.

25/24b: East Midland Region Report – Ursula Beck

Board meeting held on 9th March 2024. Discussion around the SE Listening Report and the Region will be looking to see if there are any actions that they should put in place. Ursula explained that a number of the concerns raised in this report were already being dealt with through the "Heart of Aquatics". Sue asked whether there would be any discussions around the coaching and competition content, in particular the competition processes and how this would affect base clubs. Ursula said she would ask Fiona if she had any comments regarding this query.

A reminder that the East Midland Region Annual Council Meeting will be held on Thursday 25th April commencing at 7.30 pm via Zoom. Just a reminder that Geoff will formally take over as the East Midlands President for 2024.

Ursula also informed the meeting that Fiona had been promoted into the role of Administration Manager for the Region.

25/24c: Swimming Report – Paul Sippitt

The Swimming Committee has yet to have its first meeting of 2024; it is planned for 21st March 2024.

The Key topics, depending on available time for the meeting, will be:

LASA County Championships

- Review of feedback for 2024.
- Agree dates for 2025.
- LASA Promoter to set out timeline for 2025.

LASA Pathway

- Comments from LASA Coach meeting sent to Tom McManus of SE to review and produce next draft of the LASA Pathway document.

LASA Coach meeting update

- Update provided under Sue's LASA Development Report.

LASA Inter Club Relay

- Date set is 7th September 2024.
- Agree LASA lead for event.

LASA County Team for Inter Counties Relay

- Determine who will lead the team selection for the event in October 2024

LASA Young Teams Relay

- Date set is 30th November 2024
- Agree LASA lead for event.

LASA Open Meet for young swimmers

- As advised in Development report LASA Coaches asked LASA to withdraw the Mini Meet in favour of a possible open meet over one weekend. Swimming Committee to consider feasibility.

Paul asked the delegates to remind their clubs that if they hadn't already submitted any comments with regard to the Championships could they please do so before the Swimming Committee meeting on 21st March 2024. The comments so far had been extremely positive.

25/24d: LASA Development Report – Sue Wainscot

Coaches Forum:

A follow up meeting was held on 24th March to discuss the following:

Draft Development Agreement (produced by Tom McManus from Swim England)

Swimming Calendar for 24-25 season and it was agreed to reintroduce the Inter Clubs & Young Teams Galas in the next season.

Further consultation to take place on whether the county runs a SE Development Camp in the net swimming year and coaches are to look at the programme for this year and feedback their views.

Some ideas for LASA swim camps and long course training at Loughborough University will be circulated to coaches for discussion at club level to also incorporate into the swim calendar for the coming swim year.

A decision was made not to run the Mini Meet series in 2024 and a suggestion was made that a LASA organised Open Meet was considered.

The comments provided by Coaches at the forum have been collated and a revised draft development agreement will then be circulated, and a decision made on whether to hold a further meeting or to progress this via email initially.

The proposed draft Development Plan had been sent back to Tom McManus for his comments. No reply as yet.

Sue Wainscot – County Development Manager

25/24e: City of Leicester Development Report – Jamie Evans

We are now looking forward to our first long course Meet of 2024 at Corby on the 23rd / 24th March and our own City of Leicester Meet at Hinckley the week after.

Training and racing is now constantly related to Regionals in April/May or the Rotherham Meet in May. The Corby Meet and City of Leicester Meet are being used as preparation Meets. Swimmers are focused and ready to go. Thank you to the base clubs for helping and supporting the swimmers in Development.

Our Training focus has taken a small shift to priorities time. This has meant the technical drill based work tends to make up a fair proportion of the warm-up (approximately 1000m) with a significant emphasis towards bodyline kick and strong leg kick. The main sets have become more aerobic full stroke based with Monday tending towards IM work and Friday as freestyle. Turn arounds have started to shorten with a standard rest of 15-20 seconds per repeat.

The distance of repeats is gradually increasing with an emphasis on holding stroke technique and legality/quality of turn. All swimmers have proved themselves capable of a minimum of 5m underwater off tumble turns front and back with some achieving consistently above this distance. On shorter repeats we regularly start either from a touch turn or off a tumble so as not to waste a learning opportunity in the limited training time available.

All in all the squad have continued to be a pleasure to work with and I look forward to seeing them compete at the end of the month.

If anyone wishes to have any further information or to visit the City of Leicester programme please let me know, my contact details are on the bottom of this report.

Thank you to LASA for your continued support.

Jamie, headcoachcol@gmail.com 07912732023

25/24f: Masters Report – Alan King

Preparations and progress has been made to fully confirm our Leicestershire Masters Open Meet to be held on Sunday 15th September 2024 at Braunstone Leicester Centre.

I have requested our meet to be posted on Swim England Masters Calendar and I expect it to go live as a confirmed Meet during this week.

Our main Meet information has been updated including updated Entry fees per event also new date etc but the main event will follow the same format as last year which was "well liked" by all who attended.

I have received confirmation that "Carter Jonas" have once again kindly agreed to sponsor our Masters meet once again and this sponsorship greatly helps with the cost of prices.

This meet will also provide the opportunity for us to include Leicestershire County Masters Championships as we have previous years.

Our masters Meet information pack will be uploaded and available on our Leicestershire ASA website (Masters Section) very soon.

I will regularly promote our event across Leicestershire and also across the Midlands and with clubs who have visited before and I hope we can make it a success once again.

I have attached a copy of our meet information for information – circulated prior to the meeting

Many Thanks – Alan

25/24g: Rules Revision—Paul Sippitt

A meeting of the Rules Revision committee was due to be held on Monday 18th March 2024 when the suggested minor changes made by Swim England would be looked at. A decision would then be made as to whether it was necessary to hold a SGM for the changes to be accepted.

25/24h: Officials Report – Lee Smith and Ron Brewin

Congratulations to Ian Morely of Hinckley S,C, for achieving his J2S qualification.

The Region is now using swim meet for officials and volunteer sign ups.

The links to all events can be found below:

Officials: <https://swim-meet.com/OfficialsSignup/SEEM/>

Event volunteers: <https://swim-meet.com/VolunteersSignup/SEEM/>

Alternatively direct links are given within the table for upcoming events:

Event Information	Date	Venue	Officials	Volunteers
Distance Time Trial	30 th March	Loughborough	https://swim-meet.com/Availability/?m=2668	https://swim-meet.com/Availability/?m=2669
Regional Championships	20 th /21 st April	Corby	https://swim-meet.com/Availability/?m=2658	https://swim-meet.com/Availability/?m=2660
	4 th – 6 th May	Derby	https://swim-meet.com/Availability/?m=2659	https://swim-meet.com/Availability/?m=2661

Further meet information can be found at <https://www.emswimchamps.org.uk/entry>

If you are able to officiate at the regional championships, please volunteer via the links above.

Ron Brewin.

Judge 1 trainees

I have tried contacting Judge 1 trainees who completed their theory before January 2023 to see if they are still in swimming and wanting to continue with the qualification. The responses were minimal, the people who did contact me have said they have now completed the qualification and have now uploaded their documents, so these will show on the next report. My next step is to speak with club coordinators to see if these people are still looking at completing the qualification.

There was discussion around the license for Swim Meet (<https://swim-meet.com/>). This license will include both pool swimming official's sign-up and the pool swimming volunteers sign-up. The County had signed up to this along with the other counties within the region and would be paying the annual fee on behalf of the county.

The access to this software under the regional license will be available to all affiliated Counties and the clubs within those Counties, which will essentially create a single point for all officials and event volunteers in the Region. The Region will have the ability to set up accounts for any of the affiliated organisations and have a team in place that have used the system already who can offer some support and guidance with its use. However as yet the county had not had confirmation of being signed up. Ursula said she would chase with Fiona.

Lee

25/24i: I.T. Report - Judy Leader

Judy said that she was continuing to update as and when required. Both the website and the Facebook pages were being used on a regular basis. Leicester Sharks had asked if it would be possible to advertise a coaching vacancy that they had on the Website. The Executive said that this could be done and any club wishing to advertise vacancies could use the LASA website along with their own website. The website could also be used for advertising club open meets. The Executive were reminded that the County were looking for a Secretary and Judy said she was going to try advertising on the Facebook page and local Spotify areas.

25/24j: Disability Report — Jill Stidever

Teaching and coaching has been a slight problem during the last month while one member has been pursuing her Level 2 Coaching and two others have been unable to attend due to work and family time away. Nevertheless, all sessions have continued, with a few less members working in their own target groups.

This year we were unable to provide any swimmers to take part in ESSA Senior Schools' Championship as part of the East Midland team. We are looking at having two girls from Year 6 ready to be considered for the Junior event by June.

There are still opportunities for both swimmers and their parents/carers to visit either session. Teachers and coaches are also welcome. Please send an email to Philfreeman@btinternet.com in case the pool is closed.

The sessions are 8-9am Sunday or 7-8am on Wednesday.

25/24k: Any other Reports:

a) Honorary Presidents Report

For your reference, in my capacity as Honorary President, I have visited clubs to present LASACat and other trophies. All have been well received with a number of clubs preferring the trophies being presented this way rather than during the competition.

My intention (once I have visited all clubs) is to post all the photos as one post on FB showing what the Honorary President has been up to in the past month.

Clubs visited:

Leicester Neptune,

Leicester Penguins

Loughborough

Hinckley

Braunstone

Leicester Sharks

Melton Mowbray

Market Harborough (Monday 11th March)

Shepshed - awaiting response to my email. (now sorted – Thursday 14th March 2024)

In addition, Sue and I attended COL's Celebration of Swimming Success, which I will include in the FB post.

Kind regards – Judy Honorary President

26/24: Any other Business accepted by the Chair as relevant.

- a) Trevor queried when the Braunstone pool would be reopening. Geoff said the date now being given was 22nd April 2024.
- b) Trevor raised a query regarding the County Polo Shirts. He said that there appeared to be no directive as to who should receive a free shirt and who had to pay. Following discussion, it was agreed that Trevor, Sue and Paul would investigate the financial implications of giving out Polo Shirts and who should receive them free and then discuss with Judy and bring the information back to the next Executive meeting.

Confirmed date of next meeting 9th April 2024 commencing at 7.00 pm via google meet.

There being no further business the meeting was closed at 7.55 pm.