



Leicestershire County Age Groups & Championships 2023

(Leicestershire and Rutland Amateur Swimming Association
is affiliated to Swim England East Midland Region)



These are Level 2 Licensed Events by Swim England for entry into National and Regional Championships (under Swim England Regulations & Technical Rules)

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GENERAL INFORMATION

1. The Promoter

The Official Promoter of the Competitions is the Leicestershire & Rutland Amateur Swimming Association (LASA) Executive Committee. The Committee has set all conditions of the Competitions and any enquiries in the first instance should be directed to the Promoter (entries@leicestershireasa.org) via the Club's Age Groups Delegate or Club's Secretary. LASA will appoint a Meet Coordinator to represent the Promoter during the competition. The Meet Coordinator will own all enquiries from the Closing Date until the last session of each year's competition.

2. The Lead Referee

The Lead Referee along with the venue's staff are responsible for all aspects of health, safety and fair play in the area hired by LASA and can halt the Competitions at any time if there are any perceived risks to health and safety or fair play with regards to, competitors, coaches, officials, meet organisers and spectators. If Lead Ref is not present the LASA Meet Coordinator will appoint a lead ref to cover that session. **Lead Referee for the 2023 Age Groups and Championships is – Mr. Gez McLoughlin**

3. Website

The 'website' referred to in these conditions is www.leicestershireasa.org

4. Dates

(a) Closing Date (CLOSING DATE): Midnight	23 rd December 2022
(b) Accepted/Rejected Release Date (ACCEPT DATE):	3 rd January 2023
(c) Club Coordinators to report any entry discrepancies (DISCREPANCY DATE):	6 th January 2023
(d) LASA Invoice Date to clubs	13 th January 2023
(e) Payment Date by clubs (PAYMENT DATE):	20 th January 2023
(f) Weekend 1: Braunstone/Coalville Licence No:2EM230106/7	27 th /28 th /29 th January 2023
(g) Weekend 2: Hinckley Licence No:2EM230108	4 th /5 th February 2023
(h) Weekend 3: Braunstone Licence No:2EM230109	10 th /11 th /12 th February 2023

5. Spectators

Subject to the seating limits at the respective venue. Weekend programmes will be downloadable from the website: www.leicestershireasa.org approx 3 days prior to that weekend (N.B. programme availability is not part of the spectator entry fee).

Session Pass: All £5.00 per session

6. Age Groups

- (a) A swimmer's age will be based on age as at **31st December** in the year of competition.
- (b) Age Groups are: **A** (10/11yrs); **B** (12yrs); **C** (13yrs); **D** (14yrs); **E** (15yrs); **F** (16&over).



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7. Entry Fees

- (a) £ 7.50 per event for all 50/100/200/400m events.
- (b) £ 10.50 per event for 800/1500m Freestyle events.

8. Entry Times

All entry times must be achieved from the 1st January in the year prior to the competition until the published closing date for the meet and must have been achieved at a licenced event (L1, L2, L3 or L4) and appear on the **Swim England Rankings database**. Swimmer details and entry times must be downloaded online from the Swim England databases using the Entry Manager program. Should the meet be oversubscribed the Promoter reserves the right to reject the slowest competitors considering the age groups and overall length of each session. The entry program selects the best time which may be a converted time:

(a) County Qualifying Times

Swimmers achieving LASA County Qualifying Times must submit entries by the closing date, with the payment as per Rule4(e) and will be entered in the Competitions subject to the following statement; "Swimmers with LASA County Qualifying Times will be accepted first into these events based on fastest submitted times by each Age Groups based on space and time schedule availability.

Note: Qualifying Times in all events within a Session, additionally, places will be offered to notified reserves on the day if available to those that are not initially accepted with the qualifying times.

- (b) Swimmers with a registered British Swimming Classification or on the official waiting list (enter as Awaiting Classification), achieving LASA Disability Qualifying Times, **MUST** submit entries on the **Official Disability Entry Form** and details of their classification(S?, SB?,SM?)(Self Certificate?) Swimmers holding a Certificate of Swimming Disability may use this to enter the event if a copy is sent with the main stream entry for the Age Groups. Allowances can then be used according to the certificate in order to achieve personal times within Leicestershire & Rutland ASA County Championships 2023. The computer printout or certificate may be requested by the Referee before any swim to which it applies. The new self certification certificate would also be needed to be supplied.
- (c) Secondary strobe light will be available. Requests for it need to be made prior to the event.

9. Events

- (a) As a requirement for Swim England to grant a licence for these Competitions, all events and distances are as defined by Swim England.
- (b) Over the top starting, and side by side for backstroke, may be used at the Promoters discretion.
- (c) Finals will be held for all 50m and 100m events for the following age groups: **10/11; 12; 13; 14; 15; 16&Over**; all other events will be Heat Declared Winner (HDW).
- (d) The last 3 heats of Events with Finals will be cyclically seeded; other heats and HDW events will be spearheaded.
- (e) All Age Group awards and the Open and Junior Champions (Junior is under 16 years at 31st December for the year of competition) will be determined from results from the Finals and from the heats for all Heat Declared Winner (HDW) events. Any swimmer qualifying for a final must compete in that final to qualify for an award.

10. Finals-

The names of finalists and reserves will be announced and published on completion of the heats. Lanes for finals will be allocated on the spearhead principle. A Swimmer or Team Manager/Coach must notify the recorder (designated person i.e. *Abi*) of a swimmer's intention NOT to swim within 10 minutes of the publication & announcement of results. A swimmer is expected to swim in the final, unless there are medical or other exceptional circumstances notified to the promoter and/or the recorder (again *Abi*).

Withdrawals for all finals are required, including reserves. Withdrawals after the 10 minute deadline may only be made on medical grounds. **Once withdrawn a finalist cannot be reinstated.**

Reserves will be used if a finalist does not show by the time the swimmers have reached the marshalling area and have not withdrawn earlier.

Where a reserve is brought in as a result of a declared withdrawal then the final will be re-seeded. However where a reserve is brought in at short notice the reserve will occupy the vacant lane and there will be no changes made to the allocation of lanes.

The Promoter's decision will be final.



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11. County Records

All swims at the Leicestershire & Rutland County Age Groups & Championships 2023 are eligible to claim County Records subject to:
Application forms and rules for applying can be found on the LASA Website www.leicestershireasa.org and must be completed according to the record application conditions.

12. Code of Conduct

The Promoter conducts all competitions in line with guidance from Wavepower. Copies of Wavepower are available from your clubs. All person/s attending shall comply further with the LASA Code of Conduct and the County further reserves the right to take disciplinary action against the person/s concerned and/or the Swimmers' Clubs. LASA Code of Conduct is on the LASA Website www.leicestershireasa.org

13. Health Declaration

To ensure that adequate safety procedures and protocols are observed, and the safety and well-being of all Swimmers, **all** associated medical conditions must be declared and held by the Club, including emergency contact details, any health conditions, known medications and/or intolerances or allergies which the Club should be aware of. **No taping** is allowed, as per (IPC)Fina Rule SW10.8

14. Poolside personnel

Only duly authorised personnel, and including any person accompanying a swimmer with a Certificate of Swimming Disability, who are registered on the Swim England Clubs Child Protection Lists and competitors shall be allowed poolside.

15. Dress Code

All swimmers must be wearing their Entry Club's approved kit on poolside and their Entry Club's Swimming Hat or suitably unbranded Swimming Hat when competing in these competitions (i.e. non-competing Club's Hats are not acceptable). Swimmers must be suitably dressed when leaving Poolside/Changing Rooms. There is to be no changing on poolside, changing rooms **must** be used to change (including from warmup to competition costumes). Swimmers must be suitably dressed (shoes and clothes) in the Spectator and public areas (i.e. swimming costumes only are not considered suitable attire for spectator or public areas). Swimmers and chaperones are advised that in the event of an evacuation of any facility being necessary the competitors must have access to suitable footwear to use and for the pool deck.

16. Child Protection Policy

In line with recommendations laid out in Wavepower, the Promoter (LASA) requests that all person/s should carry out their due diligence to child safety in line with it. All clubs have copies of Wavepower for reference should anyone need clarity.

Any person/s not complying with the guidance of Wavepower or by the LASA Code of Conduct may be asked to leave the areas governed by the Promoter (LASA). LASA Code of Conduct can be found on the LASA website www.leicestershireasa.org. Please see below on photography.

17. Photography

(a) Braunstone Leisure Centre

LASA, as promoter, has a complete ban on any photography from or in any area they have hire of. So that is the Poolside, Spectator balcony, changing village and any area of the Sports Hall that it might hire too. LASA will permit photography of presentations and it is the clubs/parents responsibility to remove anyone not wishing to be in photo.

However Braunstone Leisure Centre will permit photography within its foyer area but you must sign in with them at their reception desk. You are responsible for photographing your own family and not include any unwitting person in background without their permission to be included you do not have. Please always respect others.

(b) Hinckley Leisure Centre

Again you must notify them of your intention but LASA has a total ban on photography in any area it hires except for Higher Education needs (After permission has been granted by Meet Coordinator) and any Presentations. Please always respect others.



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Whitwick & Coalville Leisure Centre

Again you must notify them of your intention but LASA has a total ban on photography in any area it hires except for Higher Education needs (After permission has been granted by Meet Coordinator) and any Presentations. **Please always respect others.**

Higher education needs:-

Swimmers needing to attain proof of swimming at a high level event for their further education will be considered for access to their swim, to be videoed by a parent/guardian, subject to submittal of request, event, proof of educational need (i.e. Letter from body who wishes you to supply said video). Note this is a request to LASA meet coordinator and not permission to go ahead. You will be advised if it is granted or not. Request must be made within the 7 days of start of competition. Referees on poolside will be notified of race/lane and who, if permission is granted.

Photography for presentations will be allowed however it should not be a group photo unless all have given permission to be photographed. Clubs to withdraw any swimmer NOT to be included.

NB. Any person/s that places images of swimmers on their social media sites is responsible for any resultant complaint or litigation resulting from their actions. LASA cannot police what Facebook and Twitter and other Social Media sites themselves cannot control. Please be respectful of others at all times.

18. Data Protection

The Promoter uses meet management software to manage entries and results. By submitting and accepting entries to LASA, consent is hereby given, as required by the Data Protection Bill 2018(GDPR), to the holding of personal information on the computer. Certain personal data handled such as name, age, club, recorded and entered times may be made public during or after the meet. All Personal Data will be retained in a confidential manner and access to such Data will be restricted by the Promoter and limited to only those operating the Meet Software in order to process the results.

All information will be removed following accepted Swim England Rankings updates following these Competitions.

19. Other

- (a) The electronic scoreboard shows **provisional** results only. The final positions and times will be shown on the result sheets, which will be made available during the Competitions and on the website after the event at www.leicestershireasa.org
- (b) The Promoter cannot be held responsible for the loss of or damage to personal property and the Promoter reserves the right to refuse admission to any spectator, coach or swimmer.
- (c) The Hirer's facility conditions including health and safety will supersede where required (e.g. no. of swimmers per lane during warm-up, footwear, no chairs & food on poolside, evacuation procedures, photography (See LASA Photography Rule 17 including Leisure Centre Policy) etc.
- (d) Both pools being used have a no food and a small bag only on poolside policy which **must** be adhered to except by prior arrangements for medical reasons.
- (e) We are leaving the main pool only open between sessions for the purpose of warm up and warm down only during all hire time. So once a session has finished and the referee released the swimmers and pool is clear then it will be available. Small pools will be closed between sessions. There must be a Leisure Centre lifeguard in position, together with the swimmers Coach or Team Manager. Any abuse of this facility may result in its withdrawal. Pool is to be cleared 5 mins prior to next official warm up timing
- (f) The City of Leicester SC shall not compete in the following, nor shall members of the Club be entered in the name of the Club in the LASA Age Groups and Championships. It must be from the 11 affiliated base clubs of Leicestershire and Rutland ASA.
- (g) **Anything not covered by the above will be acted upon at the discretion of the Promoter, errors and omissions excepted.**



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PARKING

(a) Braunstone Leisure Centre 2, Hamelin Road, Braunstone LE3 1JN

Car parking is free subject to availability.

(b) Hinckley Leisure Centre ,Argents Mead ,Hinckley LE10 1FL (for Sat Nav use LE10 1BZ)

There are 4 council operated car parks within a short walk to the Leisure Centre where parking charges are enforced on Saturdays. Prices can be found on the council's website for each car park. Most car parks in Hinckley are free all day Sunday and some are free after 15.00 hrs on a Saturday. Ensure you check each site

Preference for all swimmers (quickest route out to M69)

Castle Car Park, Hill Street, LE10 1DT.

Alternative overflow for swimmers

- St Mary's Road, LE10 1EQ.
- Church Walk, LE10 1DW.

Parking for Leisure Centre staff and Officials

Hinckley Leisure Centre, LE10 1FL (for Sat Nav use LE10 1BZ).

(c) Whitwick and Coalville Leisure Centre

Stephenson Way, Coalville, LE67 3FE (for Sat Nav use)

- Car parking is free but be aware there are 3 spaces of electric points for recharging cars, please do not park in these bays unless recharging car or you may be fined.



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AWARDS & PRESENTATIONS

Presentations will only be made to recipients wearing suitable poolside club clothing and which complies with the current Swim England Child Protection Policy.

For any swimmers receiving a perpetual trophy, you will be required to sign for these once presented. An account has been opened with AB Wallace who has locations in Leicester & Loughborough. Trophies taken to these shops for engraving will be invoiced to LASA. Should any swimmer choose to have their trophy engraved at another outlet the cost of this will not be reimbursed by LASA. County Trophies shall be held by the winner (or in the event of a minor, by the winner's parent/guardian) as Bailee for Leicestershire and Rutland ASA. A receipt shall be given with an undertaking that reasonable care will be taken of the trophy and that it will be returned as and when required.

Trophy Presentation will be dependent on available time during the sessions. Those not presented will be taken to base club for presentation to recipient after the Age Groups and Championships.

1. Championship Trophies

Open, Senior and Junior Champions will be presented with County trophies where applicable at the Presentation Table by the LASA President and/or LASA Nominated representative. Trophies will only be presented to recipients who have won those awards. Swimmers must be suitably dressed for the presentations (i.e. no swimming costumes). If not suitably dressed the swimmers will be requested to do so and those who do not and/or do not make themselves available at the required time will not be presented with their award:

(a) Events with Finals

- i. The Open Champion of each event with Finals will be the competitor returning the overall fastest time in the Finals for that event regardless of age.
- ii. The Senior Champion of each event with Finals will be the Senior swimmer returning the fastest time for a Senior swimmer in the Finals for that event. Senior swimmers and Senior Champions are competitors 16 & Over years of age on 31st December in year of competition.
- iii. The Junior Champion of each event with Finals will be the Junior swimmer returning the fastest time for a Junior swimmer in the Finals for that event. Junior swimmers and Junior Champions are competitors under 16 years of age on 31st December in year of competition.

(b) Heat Declared Events (HDW)

- i. The Open Champion of each HDW event will be the competitor returning the overall fastest time regardless of age.
- ii. The Senior Champion of each HDW event will be the Senior swimmer returning the fastest time for that event. Senior swimmers and Senior Champions are competitors 16 & Over years of age on 31st December in year of competition.
- iii. The Junior Champion of each HDW event will be the Junior swimmer returning the fastest time for that event. Junior swimmers and Junior Champions are competitors under 16 years of age on 31st December in year of competition.

(c) Trophies shall be returned engraved and in a clean condition at the request of the Trophies Administrator or the Club's County Delegate on behalf of the Leicestershire and Rutland ASA via the Club's Age Group Delegate or Club's Secretary and no later than 2 weeks prior to Closing Date for entries or a date specified by the Promoter.

(d) Any individuals or Clubs/Teams in arrears for fines imposed for late or non-return of trophies must resolve outstanding debts before participating in future County Competitions.

2. Medal & Trophy Awards

(a) Medals

- i. Male and female age bands for the purposes of awards for events in these Competitions are: 10/11 years, 12 years, 13 years, 14 years, 15 years, 16/over. Medals will be awarded for first, second and third place.
- ii. Medals will be awarded to the top three placed disability competitors in each event. Placings shall be determined on a multi-disability basis of the three swimmers in each gender who either break the World Record by the greater amount or are nearest to the World Record within their own classification. If less than four swimmers participate in any one event, then the minus one ruling shall



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not apply.

- iii. Swimmers may collect Medals from the Presentation Table once the results have been announced. There will be no formal presentation of Medals for events
- iv. Medals must be collected from the Presentation Table during the Competitions. The Presentation Table will close 15 minutes after the results of the final event of the Competitions have been published. Uncollected Medals will not be posted or made available for collection after the last weekend of Competitions.

(b) LASACat Performance Awards

The LASACATS are presented to the top 10 swimmers in the following age groups: 10, 11 & 12 for boys and girls. Awards will be presented according to FINA points accrued from heat swims within the following event categories:

- i. Best 50m Event
- ii. Best 100m Event
- iii. Best 200m Form Event (Backstroke, Breaststroke or Butterfly)
- iv. Best Distance Freestyle Event (200m, 400m, 800m or 1500m)
- v. Best IM Event (100m, 200m or 400m)

Swimmers may compete in as many events as they wish. Overall performance points will be calculated from a combination of Best Sprint, Best 100, Best Form, Best Distance and Best Medley. Points are not accumulative; the greatest number of points achieved for one swim in each category will be taken into consideration.

Disqualification or not competing in a category will not disqualify a swimmer from being considered for an award. Their points score for that swim will remain at zero.

(c) County Age Group Championship Trophies

- **Chris White Trophies** (Male and Female) Swimmers 15/O must have competed in the 200IM, and the 4 x 100m events to qualify.
- **Centenary Trophies** to top Boy and Girls clubs with points taken from Junior and Senior Championships. **Presented at the end of the final session of the Age Groups**
- **Frank & Edna Warner Trophies** for swimmers competing in all the 4 x 50m events, with the lowest aggregate times. **Presented at the end of the final session of the Age Groups**

(d) Presidents Trophy

Presented annually by the President to a person selected by the President for their work and achievement. Presented at the Age Group Championships. Nomination to be received from the LASA Honorary President by 31st December of each year to be given to the Trophy coordinator who will arrange for the engraving and day/time of presentation.

(e) The Tony Gibson Trophy/G.E. McCoy Cup

Awarded respectively to the Male /Female swimmer returning the fastest time for the 100 metres Freestyle during the twelve months ending on 30th September, confirmed annually at the AGM and presented at the Age Groups & Championships.

To be eligible for the award a swimmer must, at the time of the swim, be a first SE registered member of a club affiliated to Leicestershire & Rutland ASA. In the case of a senior swimmer the award will normally only be made if the swimmer has been so registered for a period of not less than two years immediately prior to the swim.

CLUBS must apply in writing to the Hon. General Secretary stating the date, place, time achieved together with any other relevant details **by 30th October of each year**. Presented at the Age Groups.

(f) Trevor Henson Trophy

Awarded for International Representation - i.e. selected to represent your Country.

Nominations from clubs must be sent to Hon. General Secretary by 30th September each year.

If more than one nomination is received LASA Executive to have 1 vote and the majority of votes given to the swimmer is awarded the trophy. Hon. General Secretary to circulate nominations to the LASA Executive. **Presented at the Age Group Championships.**



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(g) Swimmer of the Year

Male and Female, Clubs to **submit nominations to LASA General Secretary by 30th September of each year**. Criteria: - effort, achievement, improvement and commitment. Nominations to be reviewed and decision made by LASA Executive. If more than one nomination is received LASA Executive to have 1 vote and the majority of votes given to a swimmer is awarded the trophy. Hon. General Secretary to circulate nominations to the LASA Executive. Presented at Age Groups & Championships.

(h) Masters Swimmer of the Year

The Masters Swimmer of the Year shall hold the Trophy for a period of one year subject to the Association's conditions. The swimmer(s) will receive a personal memento recording the award.

The following criteria to be used to select the Leicestershire Masters Swimmer of the Year:

- The award is to reflect the achievement of an individual competing in any discipline or outstanding effort that would add distinction and recognition to the name of the nominee, their club and Association.
- The award shall be made to a nominee who was a member of a club affiliated to the Association from the beginning of the year under review and has not represented another county in the same year. The club's master's representative may nominate any master's swimmer. The name, together with the details supporting the nomination, must be forwarded to the County Masters Manager by 30th November for the swimming year ended 31st October.
- The Masters Manager shall appoint, in early December each year, a panel of not less than three up to five people to consider any nominations submitted to or made by them using the laid down criteria for the selection. The panel shall include at least one person with expertise in the discipline/disciplines of the nominees. The name of the recommended nominee shall be presented to the Executive, for their approval at the January meeting.
- If in the opinion of the Executive there is no outstanding nominee in a year the award shall not be made for that year.
- When, exceptionally, 2 or more nominees have an equally strong claim the Executive may decide to make the award jointly.
- Presentation of the Award – The presentation of the trophy shall be made to the successful nominee at a session of the following Leicestershire Age Group Swimming Championships or on a date and at a venue of their choice.



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SWIMMER ENTRY CONDITIONS

1. All entries **must be** via your **CLUB**. Entries without a ranking time will not be accepted. Each CLUB must enter their swimmers using the Sportsys entry file. Swimmer entry times must be downloaded from Swim England Ranking using the Entry Manager software provided. Where converted times are allowed conversion is carried out automatically by the Entry Manager software, this is taken as the accepted value and no other method of conversion shall be used. Subsequent improved times will not be accepted. Exemptions will only be accepted for Disability swimmers and new registered swimmers as per the conditions below. Any requests for exemptions **must** be sent to entries@leicestershireasa.org
 - a) **LASA will invoice each club for their swimmer's entry fees due**, including disability swimmers, once Accepted entries have been notified. This will be no later than midnight on the **13th January 2023**. LASA's invoice will be emailed to the address held for each swimming club's Secretary. It is the swimming club's responsibility to ensure the correct email address is available to LASA.
 - b) Payment **MUST** be made to, and received by, Leicestershire and Rutland Amateur Swimming Association (LASA) by 6pm on the **PAYMENT DATE** of the competition. **Payment by BACS only**:- Bank details

LASA Account	Leicestershire Amateur Swimming Association
Banker	NatWest Plc
Branch sort code:	60-14-10
Account no.:	24250600
Reference:	'LASAAG23 <4 Character SE Club Identifier>'
 - c) **Each swimming clubs Club Co-ordinator or Treasurer** is to email electronic proof of the electronic bank transfer payment to treasurer@leicestershireasa.org.
 - d) **Electronic Entry files (including entry reports)** must be received by entries@leicestershireasa.org by the **CLOSING DATE**. It is the club's responsibility to ensure entries have been received, by LASA, before midnight on the **CLOSING DATE**.
Entries are only deemed as registered when a final LASA acknowledgement is received. LASA's final acknowledgement will be subject to payment being received by the **PAYMENT DATE**.
 - e) **In the event the CLUB** is not entering the competitions or for Disability entries, the individual swimmers will be entitled to enter by contacting entries@leicestershireasa.org to arrange. In these cases, the BACs reference used should be 'LASAAG23 < Swim England Number >' and communication for clauses (7) & (15) will be to the individual swimmers. **All clubs are being asked to accept Disability entries** so the monies will be collected via the Invoicing Part of payment. If clubs are unable to do, then forms/cheques acceptable.
2. Swimmers competing in any other County Association's Competitions in the same swimming year are not eligible to compete in the Leicestershire & Rutland County Age Groups & Championships.
3. The following conditions will apply to ALL swimmers entries:
 - (a) All swimmers must be eligible according to Swim England Regulations and Technical rules.
 - (b) All swimmers who enter this competition **MUST BE** Swim England Registered Members (SE Category Competitive) of a Club which is affiliated to the Leicestershire & Rutland ASA on the **CLOSING DATE** of the competition.
 - (c) No entry will be accepted without the swimmer's current Swim England registration number and no late entries will be accepted.
 - (d) Swimmers who have applied for Swim England membership and are awaiting receipt of a registration number may enter the Competitions provided a photocopy of the registration form is submitted by the Swimmers' club otherwise the entry will not be accepted.
 - (e) The minimum age for competition is **10 years of age on 31st December in the year of competition** (refer to Swim England Law 410).
 - (f) A swimmer may only enter under one affiliated club. Any club changes after the closing date must be notified to the LASA Meet Coordinator via entries@leicestershireasa.org.
 - (g) Entries will be seeded on submitted times, the slowest time swimming first. Disability swimmers will compete in the appropriate time ranked heat.
 - (h) Entries received will be subject to satisfying the relevant qualifying standard and space & time.



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4. All entry times must be achieved from the 1st January for the year prior to these Competitions and must have been achieved at a licenced event (L1, L2, L3 or L4) and appear on the Swim England Rankings database at the time of closing. All events will be seeded on submitted times.
5. Acceptance of entries and eligibility of awards is subject to the prevailing rules of the Leicestershire and Rutland ASA. Where rejections are required, the qualification times for each event in each age group will be used and the slowest competitors will be rejected from each age group until the timings are met.
6. Improved entry times will not be accepted after the closing date and requests for time trials will not be accepted. No entry cards will be issued and no secondary registration on the day is required.
7. All rejected entries will be listed by CLUB. Swimmers on the rejected list will be allowed to be added to a reserve list for the rejected event by the CLUB. Should a withdrawal happen on or before the day of the rejected event. The CLUB's Age Group Delegate(s) will be contacted and reserves will be allowed to swim subject to payment to the recorder's desk prior to the start of warmup for the session (i.e.no payment no swim).
8. Swimmers with a registered British Swimming Classification or on the official waiting list (enter as Awaiting classification) MUST submit entries with times from SE rankings and details of their classification(S?, SB?, SM?).(Self Certificate?)
Swimmers holding a Certificate of Swimming Disability may use this to enter the event if a copy of it is sent with the main stream entry for Age Groups. Allowances can then be used according to the certificate in order to achieve personal times within Leicestershire & Rutland ASA Age Groups and County Championships. We are asking for you to enter via your base club if possible. Special requests for Lanes 1, 2, 7 & 8 must be requested at time of entry via entries@leicestershireasa.org when submitting the entry.
9. Doors to poolside will be open a minimum of 15 minutes before the 1st warm up start in accordance with the current published programme schedule. Swimmers, Coaches, Chaperones, Team Managers & Officials will not enter the hired area until the Lead Referee gives permission.
10. The use of a warm-down facility is made available to swimmers. The warm-down facility will be manned by a trained life guard at all time and swimmers should make their Club's poolside team aware of their whereabouts. The facility may be withdrawn if the use is deemed to be a risk to health and safety.
11. All swimmers are required to observe all safety announcements and conduct themselves with safety in mind at all times. On entering changing villages and poolside please make yourself aware of your nearest fire exit.
12. All swimmers must be wearing their Entry Club's approved kit on poolside and their Entry Club's Swimming Hat or suitably unbranded Swimming Hat when competing in these competitions (i.e. non-competing Club's Hats are not acceptable).
13. No requests for swimmers to change lanes due to a medical reason once the programme has been published will be accepted.
14. It is the swimmers' responsibility to ensure they report to the Marshalling Stewards in adequate time to enable them to be marshalled for their race. Failure to appear in the designated heat will cancel any right to compete in that event. Swimmers who have failed to appear in the designated heat will not be allowed to swim in unallocated lanes in the same event.
15. **a) Withdrawals-** all withdrawal forms(on LASA website) and sent electronically to withdrawals@leicestershireasa.org at least 15mins prior to the published start time for the last warm up in the session the event, or the first event, is scheduled to be swum. Promotor decision is final.
b) Refunds- Having completed withdrawal form anyone seeking a refund needs to fill correctly the refund request form, available at refunds@leicestershireasa.org and send the completed form to the same address, with any notes required. Refunds, need independent medical note or compassionate grounds.



Leicestershire County Age Groups & Championships 2023

(Leicestershire and Rutland Amateur Swimming Association
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CLUB CONDITIONS OF ENTRY TO COMPETITION

In addition to the **GENERAL CONDITIONS & ENTRY CONDITIONS**, the Clubs submitting entries on behalf of their members are by implication agreeing to the following entry conditions:-

1. Entries must be sent to entries@leicestershireasa.org by the **CLOSING DATE** as per the **GENERAL CONDITIONS**. In the event the CLUB is not entering, those allowed to enter individually should contact entries@leicestershireasa.org to ensure there is provision for Coaches and Team Managers.
2. The draft accepted entries will be published on the LASA website as per the GENERAL CONDITIONS (subject to payment having been received by the **PAYMENT DATE**). It is the responsibility of the Club to review the entries including checking for any errors or discrepancies. Any discrepancies must be notified to entries@leicestershireasa.org by **DISCREPANCY DATE** (as per the **GENERAL CONDITIONS**) by the Club's Age group Delegate(s). Discrepancies received after this date cannot be rectified. Swimmers who are not listed on the official confirmation of accepted entries will not be permitted to compete.
3. Any rejected entries will be listed on the LASA website and the rejected entries will be refunded via the CLUB. It is the Clubs' responsibility to refund the individual swimmers.
4. Swimmers on the rejected list will be allowed to be added reserve list for their rejected event(s) should a withdrawal happen on before the day of the rejected event competition. Requests for a rejected swimmer to be placed on the reserve list for their rejected event must be made via the Club's co-ordinator to entries@leicestershireasa.org.
5. It is the responsibility of each Club's committee to ensure that their Coach, Chaperones, Team Managers are responsible for their swimmers on the poolside, including behaviour, dress and code of conduct towards other competitors, officials and meet organisers at all times. Clubs are responsible to ensure that:
 - (a) any of their swimmers leaving the pool deck are suitably dressed, this extends to all club representatives,
 - (b) at each session, the selection of chaperones for their swimmers and to ensure that such chaperones are **DBS certified & Safeguard Certified** (or booked on a course). LASA's preference is that this person should have completed the Swim England Team Managers course.
 - (c) their chaperones of the same gender(s) of the swimmers completing in a particular session are selected.
 - (d) Their Coaches, Chaperones and Team Managers are able to present their pool deck passes if requested.
 - (e) their Coaches, Chaperones and Team Managers will supervise their swimmers during warm up, and any of their swimmers using warm up/down facilities. Clubs are responsible to ensure that their swimmers have reached the standard of the ASA Competitive Start Award.
 - (f) their swimmers and chaperones comply with any supplementary facility conditions i.e. No hot drinks, food, or glass containers, of any sort, will be taken onto the pool deck area, or into the cubical/rooms designated for changing in.
 - (g) All team managers/coaches to keep a note of their swimmers in case an evacuation of the building is required. If an evacuation does take place a register of swimmers should be taken to ensure they are all accounted for.
6. Pool deck passes will be made available on a per day basis in. The number assigned will be determined by 10%+2 of the maximum number of entered swimmers present during any of the day's sessions. Pool deck passes must be worn at all times. Passes will be allocated to each club based on the number of swimmers, with additional passes being at the discretion of the organizing committee.
7. Club coaches, or similar, wishing to spectate will be expected to pay accordingly, no matter how short a period this spectating is for, irrespective of the possession of a pool deck pass.



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QUALIFYING TIMES

2023 LASA Age Group & County Championships Qualifying Times												
Male						Female						
10/11	12	13	14	15	16&O	Event	10/11	12	13	14	15	16&O
00.42.90	00.36.80	00.34.10	00.32.90	00.30.60	00.28.10	50m Freestyle	00.40.30	00.37.20	00.35.40	00.34.90	00.33.90	00.31.30
01.27.10	01.24.60	01.17.20	01.13.90	01.08.10	01.04.90	100m Freestyle	01.27.70	01.23.00	01.18.30	01.15.90	01.13.20	01.11.10
03.04.80	02.53.10	02.46.10	02.37.10	02.26.10	02.22.50	200m Freestyle	03.05.70	02.51.50	02.43.30	02.38.10	02.36.10	02.31.60
06.28.20	06.05.20	05.56.30	05.27.60	05.15.20	05.01.60	400m Freestyle	06.29.50	06.06.40	05.42.90	05.33.30	05.27.80	05.22.30
	12.51.10	12.18.60	11.27.80	11.12.90	10.26.10	800m Freestyle		12.26.40	11.51.20	11.31.70	11.18.90	11.09.70
	23.57.10	22.38.50	21.32.00	20.42.30	20.04.00	1500m Freestyle		23.22.00	22.10.50	21.52.90	21.50.00	21.12.60
00.52.70	00.48.70	00.45.10	00.43.40	00.40.20	00.36.80	50m Breaststroke	00.53.40	00.49.30	00.46.10	00.45.30	00.43.30	00.42.20
01.54.70	01.43.50	01.39.10	01.36.30	01.29.20	01.23.50	100m Breaststroke	01.51.90	01.43.90	01.39.50	01.36.90	01.34.30	01.31.70
04.05.40	03.40.70	03.24.00	03.14.10	03.07.70	03.01.90	200m Breaststroke	04.06.10	03.41.60	03.28.60	03.25.10	03.20.80	03.17.80
00.44.70	00.41.30	00.38.20	00.36.60	00.34.60	00.33.30	50m Butterfly	00.45.10	00.41.60	00.39.50	00.38.60	00.37.10	00.36.50
01.38.40	01.31.30	01.24.40	01.20.30	01.16.00	01.13.40	100m Butterfly	01.37.90	01.31.70	01.24.90	01.23.90	01.22.20	01.20.70
03.33.10	03.17.00	03.02.50	02.53.90	02.45.80	02.41.70	200m Butterfly	03.34.30	03.17.90	03.07.00	03.03.20	02.58.30	02.55.30
00.46.40	00.42.80	00.39.70	00.37.70	00.35.80	00.34.40	50m Backstroke	00.46.30	00.42.70	00.40.70	00.40.00	00.38.70	00.37.90
01.37.60	01.34.90	01.27.10	01.23.90	01.17.10	01.14.00	100m Backstroke	01.38.10	01.35.50	01.27.30	01.24.70	01.22.40	01.20.00
03.24.70	03.11.30	2.58.50	02.50.40	02.44.60	02.39.60	200m Backstroke	03.26.70	03.13.80	03.02.30	02.59.80	02.56.00	02.52.90
01.38.50	01.33.20	01.27.30	01.22.10	01.18.50	01.15.40	100m Ind Medley	01.39.00	01.34.90	01.29.20	01.26.80	01.25.00	01.23.40
03.31.60	03.19.40	03.03.40	02.52.00	02.46.40	02.43.80	200m Ind Medley	03.31.10	03.21.10	03.05.80	03.00.40	02.58.60	02.54.80
	06.58.40	06.27.10	06.09.00	05.56.50	05.46.10	400m Ind Medley		06.53.80	06.31.00	06.22.30	06.16.10	06.11.90

1. All times must be Swim England Ranking Times

2. Entry Times must be quicker or equal to Qualifying Times and will be accepted subject to session timings.

3. The number of heats for 800m/1500m events may be governed by the session time available.

PARA Swimmers –Please try to enter via your club/forms available for those who wish not to: -

Disability swimmers will be accepted for those events for which they have a time on the Rankings database.

or

If they have no time to submit then the entry must be sent to and sanctioned by Meet Coordinator/Jill Stidever via entries@leicestershireasa.org



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SCHEDULE

WEEKEND 1: 27th, 28th & 29th January 2023 Venue-27th-Braunstone & 28th/29th Whitwick & Coalville LC

Session 1: Fri 27th Jan 2023 Warm up ~17.30tbc

101: BOYS 1500m FREESTYLE HDW
102: GIRLS 800m FREESTYLE HDW

Please note Saturday and Sunday are at Whitwick and Coalville LC

Session 2: Sat 28th Jan 2023 Warm up ~13.30tbc

201: GIRLS 50m BREASTSTROKE HEATS
202: BOYS 400m FREESTYLE HDW
203-208: GIRLS 50m BREASTSTROKE FINALS
209: BOYS 100m BACKSTROKE HEATS
210: GIRLS 200m BUTTERFLY HDW
211-216: BOYS 100m BACKSTROKE FINALS

Session 3: Sat 28th Jan 2023 Warm up tbc

217: BOYS 50m FREESTYLE HEATS
218: GIRLS 100m BACKSTROKE HEATS
219: BOYS 400m IND MEDLEY HDW
220-225: GIRLS 100m BACKSTROKE FINALS
226-231: BOYS 50m FREESTYLE FINALS

Session 4: Sun 29th Jan 2023 Warm up ~09.30tbc

301: BOYS 100m FREESTYLE HEATS
302: GIRLS 100m BREASTSTROKE HEATS

303-308: BOYS 100m FREESTYLE FINALS
309-314: GIRLS 100 BREASTSTROKE FINALS

Session 5: Sun 29th Jan 2023 Warm up -tbc

315: BOYS 50m BUTTERFLY HEATS
316-321: BOYS 50m BUTTERFLY FINALS
322: BOYS 200m FREESTYLE HDW

WEEKEND 2: 4th & 5th February 2023 Venue-Hinckley Leisure Centre

Session 6: Sat 4th Feb 2023 Warm up ~13.30tbc

401: GIRLS 50m BUTTERFLY HEATS
402: BOYS 200m BREASTSTROKE HDW
403: GIRLS 200m BACKSTROKE HDW
404-409: GIRLS 50m BUTTERFLY FINALS

Session 7: Sat 4th Feb 2023 Warm up ~tbc

410: GIRLS 100m FREESTYLE HEATS
411: BOYS 100m IND MEDLEY HEATS
412-417: GIRLS 100m FREESTYLE FINALS
418-423: BOYS 100m IND MEDLEY FINALS
424: BOYS 200m BUTTERFLY HDW

Session 8: Sun 5th Feb 2023 Warm up ~13.30tbc

501: BOYS 100m BUTTERFLY HEATS
502: GIRLS 50m BACKSTROKE HEATS
503-508: BOYS 100m BUTTERFLY FINALS
509-514: GIRLS 50m BACKSTROKE FINALS

Session 9: Sun 5th Feb 2023 Warm up -tbc

515: GIRLS 400m IND MEDLEY HDW
516: BOYS 200m BACKSTROKE HDW
517: GIRLS 50m FREESTYLE HEATS
518-523: GIRLS 50m FREESTYLE FINALS



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WEEKEND 3: 10th,11th,12th February 2023 Venue- Braunstone Leisure Centre

Session 10: Fri 10th Feb 2023 Warm up ~17.30tbc

601: GIRLS 1500m FREESTYLE HDW
602: BOYS 800m FREESTYLE HDW

Session 11: Sat 11th Feb 2023 Warm up ~13.30tbc

701: GIRLS 400m FREESTYLE HDW
702: BOYS 100m BREASTSTROKE HEATS
703: GIRLS 200m IND MEDLEY HDW

704-709: BOYS 100m BREASTSTROKE FINALS

Session 12: Sat 11th Feb 2023 Warm up ~tbc

710: GIRLS 100m BUTTERFLY HEATS
711: BOYS 50m BREASTSTROKE HEATS
712: GIRLS 200m BREASTSTROKE HDW

713-718: BOYS 50m BREASTSTROKE FINALS
719-724: GIRLS 100m BUTTERFLY FINALS

Session 13: Sun 12th Feb 2023 Warm up ~13.30tbc

801: GIRLS 200m FREESTYLE HDW
802: BOYS 200m IND MEDLEY HDW

Session 14: Sun 12th Feb 2023 Warm up – tbc

803: BOYS 50m BACKSTROKE HEATS
804: GIRLS 100m IND MEDLEY HEATS

805-810: BOYS 50m BACKSTROKE FINALS
811-816: GIRLS 100m IND MEDLEY FINALS