



## LEICESTERSHIRE & RUTLAND AMATEUR SWIMMING ASSOCIATION

### Minutes of Meeting held on Tuesday 10<sup>th</sup> January 2023

**Present:** Ursula Beck, John Thompson, Ron Brewin, Geoff Robilliard, Rebecca Pope, Jill Stidever, Jamie Evans, Sue Wainscot, Paul Sippitt, Alan King, Helen Bickerstaff, Judy Leader Rachel McLaren, Trevor Hincks, Abi Crane, Val Dunton, Tony Andrews

**01/23: Apologies:** Lindsey Hackworth, Fiona Conway, Jon Burr, Maryjoy Appleton.

The Executive were informed that Tony (Chair City of Leicester) had asked if he could join the meeting to discuss a couple of items. Agreed that this was acceptable as a non-voting member.

#### **02/23: Confirmation Minutes of the meetings held on Tuesday 8<sup>th</sup> November 2022**

The following corrections were made to the minutes.

76/22 – re Legal Structure – Penguins to read – information had been circulated to the committee with a request for feedback. Penguins were in favour.

86/22 – incorrect wording with regard to standing committee voting – “unanimous” to be replace with the word “majority”.

These corrections having been accepted it was proposed by Sue and seconded by Ron that the minutes be accepted. All in favour.

Discussion as to whether the minutes should be posted on the Website. Agreed that the minutes would be posted following ratification each month. January’s minutes would be posted following the February meeting.

It had also been suggested by Sue that the AGM minutes be posted on the website. Agreed with “subject to ratification December AGM 2023” at the top of the minutes.

#### **03/23: Confirmation of the minutes held on 13<sup>th</sup> December 2022 (prior to the AGM)**

Accepted as a true record

#### **04/23: Matters Arising from meeting held on 8<sup>th</sup> November 2022**

None

#### **05/23: Matters arising from the meeting held on 13<sup>th</sup> December 2022**

Trevor confirmed that rankings had been confirmed following the meeting.

#### **06/23: Correspondence & Secretary’s report:**

“Thank you” emails received from Paul and Judy for their gift cards

“Thank you” email received from David’s wife thanking the County for the £50 donation to Action South Leicestershire

#### **07/23: Acceptance of Records – Trevor Hincks**

The following records were presented for ratification. All in favour. A further request had been received for ratification for a record made by Charlie Poole for Men’s Short Course 100m freestyle. Unfortunately, the request for this record had been received after the 28 day deadline and therefore agreed that this could not be accepted. Trevor said he would inform the parents of this decision.

Age Group	Event	Course	Name	Date Achieved	Time achieved	Venue	Competition	Current record
Mens	100m Breaststroke	SC	Alexander Casey	10/12/2022	01:02.11	Edinburgh	Scottish National Short	01:02.88
Mens	100m Breaststroke	SC	Alexander Casey	10/12/2022	01:01.76	Edinburgh	Scottish National Short	01:02.11
Mens	100m Individual Medley	SC	Alexander Casey	10/12/2022	00:56.11	Edinburgh	Scottish National Short	00:56.89
Mens	100m Individual Medley	SC	Alexander Casey	10/12/2022	00:55.30	Edinburgh	Scottish National Short	00:56.11

Jamie queried what the position was with regard to Loughborough University swimmers applying for records bearing in mind that there had been a discussion with regard to Leicestershire swimmers applying for records when swimming for other universities. All requests from County swimmers would always be looked at irrespective of which university they were swimming for.

It was highlighted that the rules for requesting a record had been updated and accepted at the AGM. Paul said he would liaise with John and Judy re updating the template available on the website.

### 08/23a: Treasurer's Report – John Thompson

Report sent out prior to meeting

#### Summary

- SLM require payment for the hire of W+CLC in advance. Not something I think in future we should entertain.

#### Income

- Athlete's polo shirts
- Interest on Deposit account reserves

#### Expenses (Remarkable)

- Coaching fees and expenses from the 2nd Oct SE Teams Champs at Ponds Forge
- SLM payment for W+CLC
- Gifts for Lindsey H., Paul S. and Judy L.
- Purchase of Sumup Credit and Debit Card reader.

#### Concerns

- Three Coaching and Teaching Grants awaiting presentation of certificates

John apologised for not having yet paid William Bell for his recent records.

The Treasurer's report was accepted by those present.

### 08/23b: East Midland Region Report – Ursula Beck

No report this month. Next Board meeting 21st January 2023. It was confirmed that Jamie Evans now the County's representative on the East Midlands Technical Panel.

Helen reminded the delegates to ensure that Clubs needed to update their Constitutions if not already done.

### 08/23c: Swimming Report – Paul Sippitt

Paul said there had been a review meeting for the Age Groups with those involved the previous Saturday.

Discussions regarding the hiring of a water fountain. Paul and Geoff to discuss the possibility of sharing the hiring of a water fountain with City of Leicester.

Query whether John would be attending the long distance event on Friday 27<sup>th</sup> January. Confirmed that he would be there and also that he would be attending on the Saturday at Coalville and would be bringing wrist bands, coaches passes and float for the entrance door. He would not be involved in setting up or using the card reader.

Ursula expressed concern with regard to John's reluctance to use the new card reader and the necessity for someone to collect it from John. Abi agreed to collect from John in order for it to be set up at the first long distance gala on 27<sup>th</sup> January.

A number of offers were made from those with knowledge of using a card reader to assist and it was confirmed that once set up there should not be any issues and volunteers on the door would be shown how to use it.

Confirmed that expense forms for the Officials were available on the website.

Sue expressed a concern at the lack of officials volunteering to date. If they did not get sufficient officials for the first event on Friday evening of 27<sup>th</sup> January then the gala would have to be cancelled. A concern had been raised that a number of officials who usually helped would not be available due to be at the City of Leicester Open Meet at Sunderland.

Identified that some of our equipment required to be PAT tested. Abi said she could possibly get the items in question done if the equipment could be located and brought to Braunstone Leisure Centre. Abi to liaise with John and Geoff. Items in question are Microphones, Start Box and Strobes x 2, small printer, LASA laptop.

Sue confirmed that a local company Sportyswim would be attending all galas. All items could be ordered on line before, during and after the Championships. Merchandise on offer this year would be hoodies, t-shirts and water bottles. Water bottles would only be available on the day of the competition not for pre order.

#### **08/23d: LASA Development Report – Sue Wainscot**

Sue said that following a meeting with Ursula, Paul and Fiona and Helen from the Region, she was in the process of setting up a meeting with Chairs and Head Coaches which it was to be hoped all Clubs would attend. This was to be a face to face meeting at a venue to be confirmed.

With regard to the County Development Camp plans, Sue said swimmers had been notified but she was still sorting out locations. It was hopefully going to be Market Harborough but if not possibly Loughborough University pool. An invite would be going out to coaches from clubs to attend the Camps.

#### **08/23e: City of Leicester Development Report – Jamie Evans**

Happy New year to all at Leicestershire ASA, I hope it'll be a good one.

Development are excited to start racing in the LASA Championships 2023. All members of the Deveoplment squad are racing, which adds up to a total of 82 CoL swimmers swimming in 625 events over the three weekends.

Development have progressed nicely in their aerobic training, now being able to swim 4500m in 90mins at a high standard. We also include kick and drill within this volume.

We have had some negative comments filter back from of Development swimmers when attending their base club sessions. Comments such as “that’s the worse breaststroke I’ve seen you swim” isn’t very inspiring. As a Swim England Mentor for the East Midlands I’d like to say this isn’t constructive feedback. We need to remember these swimmers in question are 9-11 years old, it’s a joint programme. We need the base club coaches support and partnership.

The City of Leicester programme is in a good position, we have multiple swimmers selected for SE and SS programmes and the ESSA Team in March (along with Alex K from LSSC).

If anyone wishes to visit the City of Leicester programme please let me know, my contact details are on the bottom of this report.

Thank you to LASA for your continued support.

Jamie

[headcoachcol@gmail.com](mailto:headcoachcol@gmail.com)

Rebecca asked if Jamie’s concerns regarding the possible negative comments had been fed back to the relevant Clubs, Jamie said they had.

At this juncture, Tony told the Executive that he now had a good contact with the Leicester Mercury if at any time the County or clubs wished to send anything to be placed on the sports pages of the Mercury. Tony said he would send details to anyone interested.

He expressed his concerns with regard to the number of volunteers coming forward to assist at galas in general and wondered how this problem could be tackled.

Sue said that one of the items on the agenda for the forthcoming Chairs meeting was discussion around volunteering with the possible use of webinars by clubs to introduce parents into club swimming. Agreed that finding and retaining volunteers was an issue for most clubs and as pointed out by Rachel there was very much a need for succession.

Val said Market Harborough had recently held a volunteers meeting to try and encourage more volunteers to come forward.

#### **08/23f: Masters Report – Alan King**

Alan said nothing to report on at this time. With regard to the Masters trophies for 2023 agreed that he would make the decision for this year and then the criteria could be reviewed for next year. Alan to inform Abi of who had been chosen.

#### **08/23g: Emergency/Disciplinary Rules –Paul Sippitt**

Paul said the updated Constitution would be circulated with the minutes and would also be posted on to the website.

It was intended to commence work on the process for becoming a Company Limited by Guarantee within the next couple of months, hopefully with the support of the East Midlands Region.

#### **08/23h: Officials Report – Ron Brewin**

Lee Smith will be taking over responsibility for training of Judge levels 1 and 2 as from 1st January 2023. If you have any questions/queries please go to Lee first. I will act as his backup if required. It was asked by Ron that Lee attend the Executive meetings with himself moving forward. Agreed that he be co opted onto the Executive as a non voting member. Ron to inform Lee.

Below is information received from SE which will be of interest to all officials and coaches.

#### **Regional Competitions**

Many thanks for your patience regarding the Regional Championship dates, it was requested we did not use the weekend of the Coronation of His Majesty The King. This caused some challenges due to already secured bookings which have now mostly been resolved, we can therefore advise of the Regional Championship 2023 dates and venues, please note the events/age groups are provisional at present.

<b>Weekend</b>	<b>Date</b>	<b>Venue</b>	<b>Events Provisional</b>
One	22 <sup>nd</sup> / 23 <sup>rd</sup> April 2023	Corby	14/UN + Distance all age groups
Two	29 <sup>th</sup> / 30 <sup>th</sup> April / 1 <sup>st</sup> May 2023	Moorways	15/OV excluding the 800/1500
Three	13 <sup>th</sup> / 14 <sup>th</sup> May 2023	Corby	14/UN + Distance all age groups

Full schedule, conditions and qualifying times will be available during January.

#### **FINA Rules Update**

The Swim England SLG have issued the following statement, which will also be going out by the Clubs Newsletter, Swimming Officials News, to Regional Licensing Officers for onward transmission to County Championship Promoters and to all County Secretaries that we have contact details for. I would be grateful if you could assist in this process by forwarding it on to your County Officials Coordinators and any other relevant contacts.

*World Aquatics (FINA) is currently reviewing its technical rules in all disciplines. In respect of swimming, the revised rules, covering the 2023-25 period, were published on 3 January 2023. The British Swimming Swimming Officials Group will shortly circulate details of the new rules, create training materials and determine a suitable date for their implementation.*

*The new rules should NOT therefore be applied at swimming competitions held in England until the implementation date is determined.*

*County Age Group Championships should therefore be judged in their entirety under prevailing Swim England Laws, Regulations and Technical Rules of Swimming, WITHOUT reference to revised 2023-25 FINA Technical Rules.*

When the information comes through from the SOG I intend to disseminate to licensed and J1 trainee officials via online video sessions and also have a catch all with presentations at the county age group competitions. I would remind licensed officials that this is a mandatory element for relicensing.

### **Prompt cards for updated guidance on minimum pool depths for racing entries**

Following the announcement last month regarding the updated guidance on minimum pool depths for racing entries, we have now also published updated prompt cards for swimming officials and event organisers.

The key changes from 1st January are:

Less than 1 metre depth - no dives will be permitted from poolside.

1m to 1.2m depth - a poolside dive will be permitted providing it is not from more than 0.4m above the surface.

1.2m to 1.35m depth – dives are allowed from the poolside or a starting block as long it is not more than 0.75m above the water.

The updated prompt cards can be downloaded by clicking [here](#).

All competitions on, or after, 1 September will need to comply with the 1.35m minimum depth requirement

If the water depth is below this level then starts including relay takeovers will have to be in the water with the swimmer holding onto the end of the pool with at least one hand – 2 for a backstroke start.

### **2023 British Swimming Championships,**

Applications are now open to officiate at the 2023 British Swimming Championships, to be held Tuesday 4<sup>th</sup> to Sunday 9<sup>th</sup> April (inclusive) in Sheffield.

Swim England members should apply for the event using [the online system](#).

Any questions, you know where I am.

Ron Brewin.

Question asked if the Regional qualifying times available yet. Ron said not as yet but as soon as they were they would be circulated.

Rachel queried whether Lee would take over taking payments for relevant Officials courses. Ron confirmed that this would be the case although most payments were now paid via BACS.

### **08/23i: I.T. Report - Judy Leader**

No formal report. Question whether the Leicester League should be incorporated onto the Website. Agreed and Richard Stock would be contacted to give details to Judy. Judy understood that there had been a couple of the generic accounts that had been accessed by spam users. She said when new accounts went onto a website this often happened and the action was to remove and not reply to them.

John asked that Ursula and Alan send a generic email address to Judy rather than using their personal one.

A suggestion that Facebook be set up via the website. Agreed that this would be done. Judy to organise.

Confirmed that the Standing Committee Managers would be attending a meeting with Judy on 17<sup>th</sup> January to have some website training.

Confirmed that Judy would be the administrator for the website moving forward.

### **08/23j: Any further reports**

No further reports

### **09/23: Nomination and election of Standing Committee members**

#### **Swimming Committee: Manager Paul Sippitt**

Sue Wainscot, Ron Brewin, Jill Stidiver, Geoff Robilliard and Alan King. Alan advised the meeting that at the present time he no longer wished to be on the Swimming Committee. The other current members of the committee were nominated and accepted. There was also a nomination for Josh Simpson and there was a majority vote in favour of him joining the committee.

**Development Committee: Sue Wainscot**

It was agreed that there was not a need to have a set standing committee. Most of the development plans related to the other Standing Committees and therefore if and when required Sue could ask people to assist with any development plans relevant to those standing committees or the County.

**Finance Committee: John Thompson**

Val Dunton, Ron Brewin, Alan King nominated. All nominations accepted by those present.

**Emergency/Disciplinary/Rules Revision; Paul Sippitt**

Ron Brewin, Alan King, Trevor Hincks, Judy Leader nominated. All nominations accepted by those present.

**Masters: Alan King**

Alan informed the meeting that he did not require a committee but would ask for support as and when required.

**10/23: Appointments of: Nominations as follows:**

- a) County Welfare Officer – Ursula said she was happy to continue. Abi indicated that she may be interested in this role next year. Ursula said she would meet with Abi to discuss the role sometime after the Age Groups.
- b) Trophy Controller – Abi Crane
- c) Records Officer – Trevor Hincks
- d) IT Manager – Ursula had emailed Maryjoy to ask her if she wished to be considered for 2023. She had not had a reply from Maryoy. Judy Leader said she would be happy to take on this role. John questioned whether Judy's role as IT Manager would allow her a vote. Ursula said this would not be an issue.  
Post meeting – as per Constitution rules confirmed as follows:  
THE EXECUTIVE shall consist of the Officers, one delegate from each affiliated club, life members, the standing committee managers and those appointed in rules 10.7 and 11.10. Rule 10.7 states – in addition to normal business the meeting shall, where possible, make the following other appointments – one being the IT Manager.
- e) Officials Co-Ordinator – Ron Brewin/Lee Smith  
All nominations accepted by those present.

**11/23: Nominations for County Badges:**

No nominations at this meeting.

**12/23: Dates of LASA Meeting 2023**

**14/02/23, 14/03/23, 11/04/23, 09/05/23, 13/06/23, 11/07/23, 12/09/23, 10/10/23, 14/11/23, 12/12/23 (AGM)**

**13/23: Any other Business accepted by the Chair as relevant:**

- a) Helen said she would have to give her apologies for the next meeting.
- b) A reminder for delegates to go back to their Clubs and ask their Club Secretary to let Ursula know of any changes re Chair, Secretary, Head Coach and Welfare Officer. A "no change" email would also be appreciated.

There being no further business the meeting was closed at 9.05 pm

**Confirmed date of next meeting 14<sup>th</sup> February 2023, commencing at 7 pm via google meet.**