



LEICESTERSHIRE & RUTLAND AMATEUR SWIMMING ASSOCIATION

Minutes of Meeting held on Tuesday 12th May 2026

Present: Ursula Beck, Judy Leader, Geoff Robilliard, Sue Wainscot, John Michael, Val Dunton, Trevor Hincks, Alan King, Matthew Graham-Brown, Ron Brewin, Emma Redwood, Gez McLoughlin.

34/26: Apologies: Lee Smith, Stacie Currie, Paul Sippitt, Sam Winter, Jenny Baldwin and Kelly Wright
Others who did not attend: Tom Whitmore and Chris Perkins and Helen Bickerstaff.

35/26: Confirmation of the Minutes of the meeting held Tuesday 14th April 2026:

The minutes held on 14th April 2026 were proposed by Val Dunton and seconded by Judy Leader as being a true record. All present in favour.

36/26: Matters Arising from the meeting held on 14th April 2026:

33/26 – Any Other Business - Lap Cards – Judy said that the details regarding the cost of lap cards that Stacie had given to her had shown that it would be an expensive exercise to offer to purchase lap cards for all clubs. Judy said she was still looking into costs.

37/26 Secretary Correspondence.

Ursula said that she and Judy had attended a meeting to discuss the SE Governance Review. It outlined a number of changes that would need to be made in order to update the governance process for SE. This review was in line with the One Swim England that had been launched by the new CEO in 2024 – Great experiences in water, For all, For life. It was a complex review which would not at this stage involve the Regions or the Counties. It was made clear that Regions and Counties would remain independent of SE but the governance for both the Regions and Counties would be reviewed at a later date. Ursula said she would keep them informed as and when required.

38/26: Acceptance of Records – Trevor Hincks

Trevor presented the records for ratification. All in favour.

Age Group	Event	Course	Name	Date Achieved	Time achieved	Venue	Competition	Current record	Difference
Snr Open/Male	100m Breaststroke	LC	Alex Casey	14/04/2026	01:02.05	London	British Championships	01:02.10	00:00.05
Snr Open/Male	200m Breaststroke	LC	Alex Casey	18/04/2026	02:14.27	London	British Championships	02:14.28	00:00.01

39/26 Reports:

a. Treasurer report – Judy

Judy presented the accounts to those present. One correction from the accounts that had been circulated. The front page – Attached reports – Profit & Loss for April 2026 – should read there is a surplus not a deficit. Judy said she would correct this statement.
Judy was thanked for the work done completing the accounts.

Report attached to appendix.

b. East Midland Report – Ursula

Ursula said that along with Geoff and Ron they had attended the East Midland Regions AGM. A very quick and uneventful meeting.

c. Events report – Jenny and Sue

Age Group report – Jenny

In the absence of Jenny, Sue reviewed the report that had been circulated. It was confirmed that Braunstone Leisure Centre had been booked for the three weekends 23rd/24th, 30th/31st January and 6th/7th February 2027. All information had been circulated to clubs including dates and consideration times. The long distance would still be held during these weekends as it had been impossible to book a pool on a Friday evening. Braunstone Leisure Centre would have been available but at the same time as the learn to swim lessons were going on which was not acceptable. Number of swimmers had been reduced which would hopefully make it better on the poolside and for spectators. In addition, a meeting room has been booked for the duration of the championships for officials' refreshments and the two courts nearest the door had been booked to allow spectators and swimmers to queue rather than having to wait outside.

Confirmed that Braunstone Leisure Centre had been booked for the Inter Clubs (Saturday 5th September) with proposed closing date being 1st August 2026 and the Young Teams (Saturday 28th November). Jenny would be arranging a meeting to review the conditions of entry, and it was to be hoped to have the Inter Club circulated to the clubs by the end of the month and the Young Teams Conditions of Entry before the summer break.

Age Group and Championships Report attached to appendix.

Swimming Activity Update – Sue

Swim Clinics

Sue said she had commenced reviewing possible Swim Camps for this year and was in communication with Ian Armiger to put together ideas for future clinics with Coach CPD focus.

National Inter Counties Team Championships 4th October 2026.

Event would be taking place at Ponds Forge as usual. Harry Pickering had confirmed he would attend as a coach, still waiting for Jamie Black to confirm whether he would act as a coach as well.

The selection criteria would be as before using swimmer's short course times on SE Ranking as at 30th June 2026 and it was to be hoped that the invitations would go out to swimmers before the summer break.

Swimming Update Report attached to appendix.

d. City of Leicester Report

Report had not been circulated prior to the meeting. Ursula reviewed the report - CoL had 7 swimmers who had qualified for the Commonwealth Trials – London. They had 46 swimmers attending the Nationals and 78 swimmers had swum at the Regionals. Ursula said a well done for all who had qualified for the Commonwealth Trials and the Nationals and for their achievements at the Regionals.

CoL Report attached to the appendix

e. Rules revision – Paul

No report for this month.

f. Masters report – Alan.

No report for this month. Alan said it was to be hoped that the Masters Competition would go live in June.

g. Officials Report – Lee and Ron

In the absence of Lee, Ursula briefly covered his report that had been circulated previously.

Report attached to appendix.

h. IT Report – Judy

No report for this month.

i. Diversity & Inclusivity Report - Kelly

Kelly was unable to attend the meeting, but her report had been circulated. She was at the present time setting up a disability swimming group at Hinckley Leisure Centre and would be circulating all clubs to see if they had any disability swimmers who would like to have additional coaching. Phil Freeman had agreed to coach this session. Kelly had applied to the Region for a grant to assist financially with the running of this group which would also be supported by the County.

One of the parents at Hinckley was offering Neurodiversity Training for Teachers and Coaches. Hinckley were going to participate and if found to be useful the parent had said she was happy to run this course for other clubs for a small fee.

Diversity & Inclusivity Report attached to the appendix.

j. Presidents Report

Gez said he and Jenny still had two clubs that had not arranged for them to visit to present trophies and medals. These two clubs were Market Harborough and Oadby & Wigston. Val said she would chase Nicola and Donner and Ursula said she would send a reminder to Oadby & Wigston on behalf of Gez and Jenny as it was disappointing that swimmers within these two clubs had yet to receive their trophies and medals.

k. Any other report

No further reports

40/26: Leicester League

Trevor asked if there were any further updates. Ursula said that the next step was to have a meeting with Fiona Conway to ensure that they were following the correct process.

41/26: Any other Business accepted by the Chair:

- a) Matt said Jamie had attended a "Active Bystander" Course the previous week which had been attended by Ursula. He said Jamie had found the course interesting. Ursula agreed and said she felt it would be a good course for all Head Coaches as a minimum to attend and she would be discussing the possibility of sorting out a course for one of the Club Chair and Coaches meetings.

There being no further business for discussion the meeting closed at 7.29 pm.

Date of next meeting 9th June 2026.

Appendices

1. Judy - Treasurer's Report
2. Jenny – Age Groups and championships report
3. Sue – Swimming Update report
4. Lee and Ron – Officials Report
5. Jamie -City of Leicester Report
6. Kelly - Diversity & Inclusivity Report

1. LASA Treasurer's Report for May 2026 Meeting

Main Points

- The financial reports attached cover the period of 1st April 2026 – 30th May 2026.
- Income during April was from swimmer & club affiliation fees and bank interest.
- Expenditure this month is attributable to the regular outgoings (COL, Workspace, software etc), Records and Sundry Expenses (President's travel expenses for club visits and Age Group & Championship Planning meeting). An outstanding payment to Jolly Vending (for water during the Age Groups) was settled.

Affiliation

- As reported last month the Affiliation Fees were received 7th April 2026
- The value received was £7514.00, £1407.50 less than last year due to the change in some LTS schemes.
- The breakdown for 2026 is:

No Clubs/Teams	14	@ £45	£630
No. Club Train	566	@ £4.00	£2264
No. Club Compete	1154	@ £4.00	£4616
Other Fees	1	@£4.00	£4

Club Support is not charged.

Attached reports:

- Cash Flow for the Financial Year – showing financial year to date.
Profit & Loss for April 2026 – there is a surplus as is expected at this point time in the Financial Year.
Balance as at 30th April 2026 – showing the overall financial position.

2. LASA Events Manager report for May 2026

LASA Age Groups and Championships - Jenny

- All three weekends have been secured at Braunstone Leisure Centre.
- The dates are: Weekend 1 23rd -24th January 2027; Weekend 2 30th -31st January 2027; and Weekend 3 6th – 7th February 2027.

In addition, meeting rooms on the upper level have been reserved for the duration of the Age Groups, along with the two courts nearest the entrance doors to facilitate spectators and athletes and reduce the over crowded feeling felt at points during the 2026 age groups.

A three-hour detailed meeting was held on 28 April 2026 to discuss and finalise the schedule and consideration times for 2027.

The meeting was highly productive, and the outcomes and methodology will provide a valuable blueprint and working reference document going forward.

The schedule has been agreed and published on the website and circulated by email to all coaches and

club secretaries.

The consideration times have also been agreed, published on the website, and circulated by email to all coaches and club secretaries.

I would like to extend my sincere thanks to Kim, Geoff, and Sue for their outstanding contributions; their support is greatly appreciated.

All activities associated with this event remain on schedule. During May, I will finalise medal arrangements (including bespoke ribbon attachments) and confirm trophy colourways, together with finalist ribbons for 4th to 8th place, thereby recognising all athletes who reach a final.
Interclubs and Young Teams

Braunstone Pool has been booked from 5.00 - 9.00 pm on the following dates:

- Saturday 5th September 2026 Interclubs
- Saturday 28th November 2026 Young Teams

Over the coming month, I will review the terms and conditions of entry and will convene a meeting to discuss these, with a view to finalising, publishing, and issuing them to clubs.

LASA Events Manager

3. Swimming Update Report for May 2026 Meeting

INTER CLUBS & YOUNG TEAMS:

Conditions of entry have been reviewed and the entry information for the Inter Clubs will be sent out by the Events Manager once finalised, ideally by the end of the month. Proposed Closing Date is 1 st August 2026

Young Teams Conditions will be circulated before the summer break with a closing date proposed of 4th August

SWIM CLINICS:

Based on feedback from the clubs' discussions have just started with Loughborough University through Ian Armiger to put together ideas for further clinics later in the year which will be Coach CPD focused

NATIONAL INTER COUNTY TEAM CHAMPIONSHIPS 4 TH OCTOBER 2026

This event again takes place at Ponds Forge, Sheffield with Leicestershire in Division 1 following the promotion last year.

The same selection criteria will be used with swimmer's short course times on SE Rankings as at 30th June 2026 being used.

Emails have gone out to establish whether Jamie Black & Harry Pickering are willing to attend as Coaches for the event.

Sue Wainscot

4. LASA Officials Report for May 2026

A thank you to all Leicestershire officials that volunteered to officiate at the East Midlands Regional Championships.

A reminder, that the World Aquatics 2026 rule update has now come into effect for all licensed galas as of Monday 11th May. These rules should also be used for none licensed galas also.

The latest "Swimming Rule Quick Reference Infraction Sheet" can be found on the World Aquatics website here.

Regards

Lee and Ron.

5. City of Leicester Report for May 2026

Commonwealth Trials – London

CoLSC had 7 swimmers qualify for the Trials in London (Alyssa, Jess L, Niamh, Darcie, Holly, Jaine and Frankie). Darcie made two Junior finals in the 200m IM and 400m IM.

Results below (Junior):

- 200m Fly – Alyssa 12th, Jess 22nd, Frankie 31st
- 400m IM – Darcie 16th, final 10th, Jaine DNC
- 1500m Fc – Frankie 14th
- 200m Brs – Darcie 14th, Niamh 25th
- 200m Fc – Alyssa 22nd
- 400m Fc – Alyssa 20th, Frankie 32nd, Holly 33rd
- 100m Fly – Alyssa 16th
- 200m IM – Darcie 12th, final 9th, Frankie 42nd
- 800m Fc – Frankie 12th, Alyssa 18th

Well done to the swimmers.

Nationals Update

We currently have the following numbers of swimmers at each Nationals:

- British – 19 (6 relays in addition)
- English – 25
- Scottish – 1
- Welsh – 1

Some swimmers have qualified for multiple nationals but we as a club are in a good position with a few first-time qualifiers in good positions.

Regional Championships

CoLSC had 78 swimmers qualify for the two weekends of Regional Championships. We also entered several relays. Well done to the swimmers and thank you to the base clubs for their support.

CoLSC Medal Stats:

- Golds – 62
- Silvers – 41
- Bronzes – 44

Top Club on medal table.

Jamie Evans – Head Coach CoL

6. Diversity & Inclusivity Report for May 2026

Inclusive Swimming Sessions

The first thing that I am trying to do in my role of Diversity and Inclusivity Officer is to reinstate the inclusive sessions that were previously run by Leicester Penguins Swimming Club. I have secured pool time in the community pool at Hinckley Leisure Centre on Wednesday evenings from 8-9pm. I have 4 confirmed swimmers and another 2 possibles. Phil Freeman has agreed to coach this session, and I am trying to get some assistants for this too.

I have applied for a grant from the region to help with the running costs as the swim fees will not cover the pool hire.

I am hoping to get this session started at the beginning of June and will be emailing other Leicestershire Clubs to see if they had any swimmers who this would benefit.

Neurodiversity Training for Teachers and Coaches

A parent of a Hinckley swimmer who runs a therapy company, has offered to run a neurodiversity training session for the Hinckley teachers, coaches, TMs, and poolside assistants to ensure that they know how to deal with these swimmers in the correct way. If this is successful, she will be happy to offer this to other clubs at a small fee.

Kelly Wright – Diversity & Inclusivity Officer