

(Leicestershire and Rutland Amateur Swimming Association is affiliated to Swim England East Midland Region)



These are Level 2 Licensed Events by Swim England for entry into National and Regional Championships (under Swim England Regulations & Technical Rules)

General Information:

The Promoter:

The Official Promoter of the Competition is Leicestershire & Rutland ASA (LASA) Executive Committee. The Committee has set all conditions of the Competition.

Any enquiries should be directed to the Promoter (promoter@leicestershireasa.org) by the Club's Age Group Delegate or Club Secretary.

LASA will appoint a Meet Coordinator to represent the Promoter during the Competition. The Meet Coordinator will own all enquiries from the closing date until the last session of the 2024 competition.

Lead Referee:

The Lead Referee along with the venue's staff are responsible for all aspects of health, safety and fair play in any area hired by LASA. The Competition can be halted at any time if there are perceived risks to health and safety or fair play with regards to Competitors, Coaches, Officials, Meet Organisers and Spectators. In the absence of the Lead Referee the Meet Coordinator will appoint a lead referee to cover that session. The Lead Referee for the 2024 Championship is Mr Gez McLoughlin.

Dates:

The event will be held over 3 weekends: 27^{th} & 28^{th} January 2024 3^{rd} & 4^{th} February 2024 10^{th} & 11^{th} February 2024

All weekends will be held at Hinckley Leisure Centre, Argents Mead, Hinckley, LE10 1BZ. There will be 12 swim sessions and details regarding warm up and start times will be published on the LASA website after the closing date when all entries have been processed.

Age Groups:

A swimmer's age is based on their age at 31st December 2024.

Competition Age Groups for Awards are as follows:

A: 10/11 years; B: 12 years; C: 13 years; D: 14 years; E: 15 years; F: 16 years & over

Events:

As a requirement for Swim England to grant a licence for the Championships, all events & distances are as defined by Swim England and the Schedule of Events can be found on the LASA website and/or from a Club Coach.

Over the top starts may be used at the discretion of the Promoter and Lead Referee. Finals will be held for all 50m & 100m events in the age groups specified under the section headed Age Groups above. All other events will be Heat Declared Winner (HDW). The last three heats of events with finals will be cyclically seeded; other heats and HDW events will be spearheaded.

All Age Group Awards and the Open, Senior and Junior Champions (Junior is under 16 years at the 31st December 2024) will be determined from results from the Finals and from



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the heats for all HDW events. Any swimmer qualifying for a Final must compete in that final to qualify for an award.

Finals:

The names of Finalists and Reserves will be announced and published on completion of the heats. Lanes will be spearheaded. A Swimmer or Team Manager/Coach must notify the announced Nominated Person of a swimmer's intention NOT to swim within 10 minutes of the publication/announcement of results. This includes any reserve. A swimmer is expected to swim in a final unless there are medical or other exceptional circumstances notified to the Promoter and/or Nominated Person. Withdrawals after the 10 minute deadline can only be made on medical grounds. Once withdrawn a finalist cannot be reinstated.

Where a reserve is brought into a final as a result of a declared withdrawal the Final will be re-seeded. Where a reserve is brought in at short notice the swimmer will occupy the spare lane.

Awards & Presentations:

Presentations will be made for all Open, Senior & Junior Championship Trophies in all events of 100m or longer and recipients must wear suitable club clothing and which complies with the current Swim England Child Protection Policy.

The Open Champion will be the competitor returning the fastest time in the Final (or heat if HDW event) regardless of age.

The Senior Champion will be the competitor returning the fastest time in the Final (or heat if HDW event) who is 16 years & over on the 31st December 2024.

The Junior Champion will be the competitor returning the fastest time in the Final (or heat if HDW event) who is under 16 years on the 31st December 2024.

Medals are awarded to the first three in every event and each age group specified in the Age Group section above.

Medals will be awarded to the top three placed disability competitor in every event. Placings shall be determined on a multi-disability basis for the three swimmers in each gender who are nearest to the World Record within their own classification.

Medals are collected from the Presentation Table during the Competition. Uncollected medals will be made available to a club representative after the last weekend of the Championships.

Additional Awards:

LASACAT Awards:

The LASACATS are presented to the top 10 swimmers in the following age groups: 10,11 & 12 for Open/Boys & Girls. Awards will be presented according to FINA points accrued from heat swims within the following event categories:

Best 50m Event

Best 100m Event

Best 200m Form Event (Backstroke, Breaststroke or Butterfly)

Best Distance Freestyle Event (200m, 400m, 800m or 1500m)

Best IM Event (100m, 200m or 400m)



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Swimmers may compete in as many events as they wish. Overall performance points will be calculated from a combination of Best Sprint, Best 100m, Best Form, Best Distance and Best Medley. Points are not accumulative; the greatest number of points achieved for one swim in each category will be taken into account.

Disqualification or not competing in a category will not disqualify a swimmer from being considered for an award. The points scored for that swim/category will remain at zero.

LASA Trophy (Open/Boys & Girls)

Swimmers aged 13/14 years who compete in the 200m Individual Medley and all 4 100m events (back, breast, butterfly & free) to qualify. The highest cumulative FINA Points will determine the winner.

Chris White Trophy (Open/Boys & Female):

Swimmers aged 15 & over who must compete in the 200m Individual Medley and all 4 100m events (back, breast, butterfly & free) to qualify. The highest cumulative FINA Points will determine the winner.

Centenary Trophy (Open/Boys & Girls):

Presented to the Club with the most points in each category taken from the results of the Junior & Senior Championships.

Frank (Open/Boys) & Edna (Girls)Warner Trophies:

Presented to the swimmers competing in all 4 50m events with the lowest aggregate times.

All Additional Awards, with the exception of the LASCAT Awards, are presented at the end of the final session of the Championships.

Transgender & Non-Binary Competition Policy:

As of 1st September 2023 Swim England and their Regions, Counties, Clubs and Affiliated Organisations have implemented this new policy. Swim England's updated transgender & non-binary competition policy has inclusion and fairness at its very heart. In order for all aquatic disciplines to be enjoyed as a sport, there must be inclusive opportunities for transgender participants to compete. However, it is widely recognised that

opportunities for transgender participants to compete. However, it is widely recognised that fairness of competition must be protected and Swim England believes the creation of Open and Female categories is the best way to achieve this.

The categories are designated as:

<u>Female:</u> The Female category is for birth sex females in accordance with Swim England's Transgender & Non-Binary Competition Policy. By entering the Female category, a swimmer confirms that their birth sex is female. In this Competition entry package the Female category is referred to as Girls

Open/Boys: Athletes with a birth sex of Male, Trans or Non-Binary Competitors and any Competitor not eligible for the Female category. It may be that the software running the Competition may not have been updated in time to cater for these changes and may only refer to Boys.



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Entry Fees:

£8.00 per event for all 50m/100m/200m/400m Events. £11.00 per event for 800m/1500m events.

Entry Times:

All entry times must be achieved from 1st January 2023 until the Closing Date which is Midnight on 22nd December 2023 and must have been achieved at a Licensed Event at Level 1,2,3 or 4 and appear on the Swim England Rankings database. Entry Times for each age group and gender can be found on the LASA website and/or a Club Coach. It should be noted that there are separate entry times for swimmers aged 10 at the 31st December but all awards are for the joint age group 10/11 years except for the LASACAT awards. Swimmer details and entry times must be downloaded online from the Swim England Database using the Entry Manager Programme supplied by LASA. All entries must be made through a swimmer's recognised base club. Swimmers who are members of the City of Leicester SC cannot enter under the name of that club.

Should the Meet be oversubscribed the Promoter reserves the right to reject the slowest competitors considering the age groups and overall length of each session. The entry programme automatically selects the swimmers best time which may be converted. Times that are outside the published entry times will automatically be rejected.

Disability Entry Times:

Swimmers with a registered British Swimming Classification, or on the official waiting list (enter as Awaiting Classification), achieving the Disability Entry Times MUST submit entries on the Official Disability Entry Form which is in paper format to include details of their classification and a copy of the Swim England classification must be sent with the Disability Entry Form. All Disability Entry Forms must be emailed to:

Geoff Robilliard, Meet Organiser on behalf of LASA g.robilliard01@gmail.com

A copy of the Swim England Classification document must be sent with the emailed entry and must be shown to the Lead Referee before the commencement of the Warm Up when participating at any session during the Championships.

Code of Conduct: Now updated to include changes as per WavePower2024

The Promoter conducts this Championship in line with guidance from Wavepower which is available from the swimmers club and on the LASA Website. All persons attending shall further comply with the LASA Code of Conduct on the LASA website. LASA reserves the right to take disciplinary action against any person/s concerned and/or the Swimmers Club.

Health Declaration:

It is the Club's responsibility to inform the Promoter, in confidence, on entering the Competition of any medical condition that could affect the participation of a Club swimmer in the event including any reasonable adjustments that may be required and a copy of any Risk Assessment in place.



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Photography:

LASA, as Promoter, operates a complete ban on any photography from or in any area hired for the event. This includes Poolside, Spectator Balcony, Changing Village and any area of the facility used for the event. LASA will permit photography of presentations and it is the Club's/Parent's responsibility to remove anyone not wishing to be photographed. Hinckley Leisure Centre also supports this action.