

Estimated Session Timings

Session	Day	Date	Venue	No. of Swimmers	Warm up Start	Warm-up	Race Start	Est Finish
1	Sat	24/01/2026	Hinckley LC	121	13:15	00:50	14:15	16:27
2	Sat	24/01/2026	Hinckley LC	227	17:20	00:50	18:20	20:35
3	Sun	25/01/2026	Hinckley LC	204	12:35	00:50	13:35	16:49
4	Sun	25/01/2026	Hinckley LC	193	17:20	00:50	18:20	20:21
5	Sat	31/01/2026	Braunstone LC	379	13:10	00:45	14:05	17:26
6	Sat	31/01/2026	Braunstone LC	140	18:00	00:45	18:55	20:37
7	Sun	01/02/2026	Braunstone LC	410	12:35	00:45	13:30	17:03
8	Sun	01/02/2026	Braunstone LC	196	17:30	00:45	18:25	20:56
9	Sat	07/02/2026	Braunstone LC	329	13:10	00:45	14:05	17:10
10	Sat	07/02/2026	Braunstone LC	243	17:40	00:45	18:35	21:05
11	Sun	08/02/2026	Braunstone LC	273	12:35	00:45	13:30	15:45
12	Sun	08/02/2026	Braunstone LC	264	16:15	00:45	17:10	20:02