



LEICESTERSHIRE & RUTLAND Amateur Swimming Association



Event	Session 1 - Braunstone LC – 23/01/27
101	100m Ind Medley Female
102	100m Freestyle Open/Male
	Interval 15 mins
103-109	100m Ind Medley Female 7 Finals
110-116	100m Freestyle Open/Male 7 Finals

Event	Session 2- Braunstone LC – 23/01/27
117	100m Backstroke Open/Male
118	100m Freestyle Female
119	200m Butterfly Open/Male
	Interval 15 mins
120-126	100m Freestyle Female 7 Finals
127-133	100m Backstroke Open/Male 7 Finals

Event	Session 3 - Braunstone LC – 24/01/27
201	50m Backstroke Female
202	100m Breaststroke Open/Male
203	400m Ind Medley Female
	Interval 15 mins
204-210	100m Breaststroke Open/Male 7 Finals
211-217	50m Backstroke Female 7 Finals

Event	Session 4 - Braunstone LC – 24/01/27
218	200m Ind Medley Open/Male
219	1500m Freestyle Mixed

Event	Session 5 - Braunstone LC- 30/01/27
301	50m Freestyle Female
302	400m Freestyle Open/Male
303	200m Backstroke Female
	Interval 15 mins
304-310	50m Freestyle Female 7 Finals

Event	Session 6 - Braunstone LC- 30/01/27
311	100m Butterfly Open/Male
312	50m Butterfly Female
313	200m Breaststroke Open/Male
	Interval 15 mins
314-320	50m Butterfly Female 7 Finals
321-327	100m Butterfly Open/Male 7 Finals

Event	Session 7 - Braunstone LC- 31/01/27
401	400m Ind Medley Open/Male
402	100m Butterfly Female
403	50m Freestyle Open/Male
404	200m Breaststroke Female
	Interval 15 mins
405-411	50m Freestyle Open/Male 7 Finals
412-418	100m Butterfly Female 7 Finals

Event	Session 8 - Braunstone LC- 31/01/27
419	200m Ind Medley Female
420	800m Freestyle Mixed

Event	Session 9 - Braunstone LC- 06/02/27
501	50m Breaststroke Female
502	100m Ind Medley Open/Male
503	400m Freestyle Female
	Interval 15 mins
504-510	100m Ind Medley Open/Male 7 Finals
511-517	50m Breaststroke Female 7 Finals

Event	Session 10 - Braunstone LC- 06/02/27
518	50m Butterfly Open/Male
519	200m Freestyle Female
520	200m Backstroke Open/Male
	Interval 15 mins
521-527	50m Butterfly Open/Male 7 Finals

Event	Session 11 - Braunstone LC- 07/02/27
601	100m Backstroke Female
602	50m Breaststroke Open/Male
603	200m Butterfly Female
	Interval 15 mins
604-610	50m Breaststroke Open/Male 7 Finals
611-617	100m Backstroke Female 7 Finals

Event	Session 12 - Braunstone LC- 07/02/27
618	50m Backstroke Open/Male
612	100m Breaststroke Female
613	200m Freestyle Open/Male
	Interval 15 mins
614-620	100m Breaststroke Female 7 Finals
621-627	50m Backstroke Open/Male 7 Finals

All sessions are at Braunstone Leisure Centre, Hamelin Road, Braunstone – 13:00 to 21:00 hrs