



# LEICESTERSHIRE AND RUTLAND ASA

Proudly presents our

## 7<sup>th</sup> MASTERS OPEN MEET

(Held under Swim England Regulations & Technical Rules and FINA Masters Swimming Technical Rules)

**Sunday 14<sup>th</sup> September 2024**  
**Braunstone Leisure Centre**  
**2 Hamelin Road, Leicester**  
**LE3 1JN**

### EVENTS

50, 100 and 200m all strokes plus 100, & 200 IM  
4X50m Mixed Freestyle & Mixed Medley Relays (72+/120+/160+/ 200+/240+)  
**Full range of age groups for individual events in five year bands from 18-24**

All events HDW  
8 lane competition pool  
Electronic timing  
Results sent to GB Rankings & Decathlon  
Separate 25m warm up/swim down pool available throughout the meet.  
Prizes for Top 3 Male/Female for each Age Group

**Special thanks to “Carter Jonas” for providing Sponsorship for prizes for all our Meet Age Group winners.**

Entry fees  
Individual Events £6.50  
Relays £8.00

**Closing date:**

**Individual Entries: Sunday 31st August 2025**

**Relay Entries: Thursday 4<sup>th</sup> September 2025**

## Programme of Events

<b>Session One</b> Start Time: 2.15pm 55+ Mixed Warm up: 1.15 - 1.34pm Ladies 18 to 54 Warm up: 1.35 - 1.54pm Men's 18 to 54 Warm up: 1.55 - 2.14pm NB our 2 <sup>nd</sup> 25m pool is open for warm up from 1.15pm for swimmers in early events		<b>Session Two</b> Start Time – 5.30pm 5.00pm mixed warm up - 28 mins Also our 2 <sup>nd</sup> 25m pool is open throughout the meet to warm up/warm down until 8.00pm	
1	Mens/Womens Mixed 200m Freestyle	11	Mens/Womens Mixed 200m Individual Medley
2	Mens/Womens Mixed 100m Breaststroke	12	Mens/Womens Mixed 200m Breaststroke
3	Mens 50m Backstroke	13	Mens/Womens Mixed 200m Backstroke
4	Womens 50m Backstroke	14	Mens/Womens Mixed 200m Butterfly
5	Mens/Womens Mixed 100m Butterfly	15	Womens 50m Breaststroke
6	Mens 50m Freestyle	16	Mens 50m Breaststroke
7	Womens 50m Freestyle	17	Mens/Womens Mixed 100m Freestyle
8	Mens/Womens Mixed 100m Individual Medley	18	Womens 50m Butterfly
9	Mens /Womens Mixed 100m Backstroke	19	Mens 50m Butterfly
10	Mens/Womens Mixed 4x50m Freestyle Team	20	Mens/Womens Mixed 4x50m Medley Team

**To enter our Masters meet please click on the link below or copy and paste this link to your web browser – NB our Entries will Open 1<sup>st</sup> week June.**

**<https://www.swimmingresults.org/events/leicestershiremasters25/index.php>**

### Help required

If your club is able to provide any Officials to help run the gala then can you please let us know as soon as possible – Please contact Alan King email;- [masters@leicestershireasa.org](mailto:masters@leicestershireasa.org)

# Event Conditions

## General Conditions

1. The promoter of the meet is Leicestershire and Rutland ASA
2. All competitors must be a "Club Compete" (Category 2) member or equivalent of Swim England/Scottish Swimming/Swim Wales at the time of entry
3. All competitors, including those who are swimming in relay teams, must be entered on the meet database in the name of the club they wish to represent by the closing date for individual entries
4. Entries must be made on the online entry system and must be completed via PayPal to secure entry.
5. No Refunds will be considered unless supported by Doctors certificate
6. Swimmers must represent the same club for both individual entries and relays
7. Age is at the 31<sup>st</sup> December in the year of competition. All competitors must be 18 or over on the day of competition
8. Age groups will be 18-24, 25-29 and in 5 year age bands as necessary, there is no upper age limit
9. Team relay age groups will be 72+, 120+, 160+, 200+, 240+
  - For the teams 120+ and up is the combined members ages at midnight on 31 December in the year of competition must fall within the age band given with the proviso that all team members must be 25 years of age or older on the 31 December in the year of competition
  - For the 72+ team the combined ages at midnight on 31 December in the year of competition, with all team members being aged 18 years or over on the first day of the Championships.
10. The mixed teams shall consist of two competitors of each sex swimming in any order
11. Relay declaration forms must be handed to the recorders 30 minutes prior to the start of the relevant session.
12. Competitors taking part in relay events MUST have entered an Individual event at this Meet.
13. Entries without an entry time will be allocated in the first heats. Relays will be seeded by age bands, using the minimum number of heats
14. If the Meet is oversubscribed, entries will be accepted on a "**first-come, first-served**" basis, with restricted numbers in some events in order to control the overall meet time.
15. Overhead starts may be used at the Promoter's discretion
16. Anything not covered in these conditions will be at the discretion of the promoter

## Awards

17. A Prize will be made to the top 3 male and female swimmers achieving the most points in each Age Group.
18. Medals will be awarded to the to the 1<sup>st</sup> placed team in the relay events, within the given age groups
19. The top team trophy will be awarded to the highest scoring team based on swimmers and relay teams being allocated points 6-1 for 1<sup>st</sup> – 6<sup>th</sup> within each age group throughout the meet
20. **Leicestershire ASA would like to thank Carter Jonas for providing sponsorship for the prizes provided for our Meet Age Group winners?**

## **Leicestershire County Masters Championships**

We are delighted that the LASA Open meet will also act as the Leicestershire County Masters Championships.

1. Open to all swimmers who are members of, and are competing for, clubs affiliated to Leicestershire & Rutland ASA, and who have not in the calendar year, swum for another county or participated in another counties closed Masters Championships
2. The above promoters conditions apply
3. Medals to be awarded to the first swimmer in each age group, 18-24 upwards
4. The Leicestershire swimmers will be integrated, and take part in the Open meet and will be eligible for awards as an Open meet swimmer

Please be aware the rules of the Inter-County Masters events do not allow you to compete for another county once you have swum in the same year in an event for another county, therefore if you enter Leicestershire & Rutland championships you will only be eligible to compete only for Leicestershire & Rutland in inter-county events during the 2024/25 swimming calendar year.

NB If anyone has any Questions regarding our Leicestershire Masters Open Meet please can you contact Alan King email:- [masters@leicestershireasa.org](mailto:masters@leicestershireasa.org)