

The Leicester & District Swimming League

(Affiliated to ASA East Midland Region & Leicestershire ASA)

DIDDY COMPETITION 2026

Competing for the HOWARTH Trophy

Round 1 – 21st March Round 2 – 9th May Round 3 – 20th Jun

1. Any swimmer having swum for one Club in the current competition may not swim for another Club in the same competition.
2. Ages as at 20th June 2026
3. Swimmers aged 9 to 11 years may swim a maximum of two events in their own age group and one event in a higher age group. Swimmers aged 12 years may swim a maximum of 2 individual events. There is no limit to the number of relay swims per swimmer.
4. Under Swim England Regulations & Technical Rules
5. The organisers will have been notified by the League Secretary of the Points scoring to use and it will be announced at the start of the gala.
6. Each team must provide one Judge and two Timekeepers.
7. A Team list must be handed to the recorder/s before the start of each gala.
8. Events 49 is a Mixed 8 x 25m relay swimming 1 girl and 1 boy from each age group swum in ascending age order, girls at the starting end.

www.leicestershireasa.org/leicesterleague.html

